

**Leesville Road**

**Track & Field**

# Leesville Road High School 2009 Track & Field Team

Anderson, Kelsey  
Blackburn, Hailey  
Bloemeke, Amanda  
Eley, Paige  
Fanning, Caitlin  
Gallagher, Allie  
Giles, Sarah  
Glover, Brittany  
Hering, Hope  
Hopkins, Schayla  
Howell, Taylor  
Jones, Allison  
Jones, Sarah  
Kolawole, Morenike  
Langley, Brenna  
Lee, Cambria  
Locke, Alissa  
Marino, Brianne  
Odametey, Catherine  
Pendergraft, Megan  
Petersen, Becky  
Quinn, Kiera  
Quirk, Kaitlyn  
Rakes, Lauren  
Schell, Marion  
Schoening, Jaymi  
Schuler, Kate  
Smith, Danielle  
Smith, Olivia  
Springer, Morgan  
St. Lott, Thaila  
Staves, Breana  
Stempien, Kaitlyn  
Strapp, Lauren  
Verhoeven, Dana  
Wallace, Caroline  
Wallach, Danielle  
Wallach, Kyrstin  
Williams, Katrina  
Williams, Stephanie  
Yates, Jocelyn

Blackburn, Drew  
Blevins, Eric  
Bowers, Thomas  
Brown, Denzel  
Burns, Bo  
Byrum, Andrew  
Cain, Arik  
Chauncey, Kevin  
Council, Brandon  
Council, Johnnie  
Davis, Chase  
Delacruz, Matthew  
Dix, Jared  
Elliston, Rachmyel  
Evans, Alan  
Ficalora, Peter  
Fussell, Pierce  
Fussell, Vann  
Greenhaw, Matt  
Healy, Daniel  
Hoese, William  
Jackson, Brian  
Johnson, Kevin  
Klute, Christian  
Kunesh, Josh  
Lowery, David  
Mabellos, Josh  
Mangum, Ryan  
McElveen, Daniel  
Moss, Carson  
Page, Justin  
Pham, Michael  
Ryan, Stephen  
Sanders, Thomas  
Simpson, Eric  
Smith, Aaron  
Smith, Chris  
Smith, David  
White, Leon  
Whitson, Cameron  
Witzen, Wyatt  
Woodhouse, Will  
Wooten, Nate

# Leesville Road High School Track & Field Records

<b>BOYS TRACK RECORDS</b>			<b>EVENTS</b>	<b>GIRLS TRACK RECORDS</b>		
<u>Athlete</u>	<u>Record</u>	<u>Year</u>		<u>Athlete</u>	<u>Record</u>	<u>Year</u>
Jeremy Carter	10.6	1998	<b>100 Meter Dash</b>	Paige Eley	12.00	2009
Tyrone Dozier	21.62	1996	<b>200 Meter Dash</b>	Paige Eley	24.44	2009
Tyrone Dozier	47.51	1997	<b>400 Meter Dash</b>	Javonna Brown	57.84	2006
Riaan Lourens	1:56.17	2001	<b>800 Meter Run</b>	Joanna Mullen	2:19.6	2001
John Bell	4:21.11	1998	<b>1600 Meter Run</b>	Lauren Strapp	5:12.86	2009
Stephen Bloemeke	9:25.72	2006	<b>3200 Meter Run</b>	Lauren Strapp	11:18.70	2009
Brandon Broadnax Jeremy Carter Troy Dolby Tyrone Dozier	42.8	1997	<b>400 Meter Relay</b>	Sarah Jones Hailey Blackburn Paige Eley Cathy Odametey	49.42	2009
Brandon Broadnax Jeremy Carter Troy Dolby Tyrone Dozier	1:28.10	1996	<b>800 Meter Relay</b>	Sarah Jones Paige Eley Hailey Blackburn Kaitlyn Quirk	1:42.91	2009
Brandon Broadnax Troy Dolby Jeremy Carter Tyrone Dozier	3:20.08	1996	<b>1600 Meter Relay</b>	Alane Ficalora Paige Eley Emily Vasquez Kaitlyn Quirk	4:03.84	2008
Riaan Lourens Chris Bowker Cameron Bell Rob Whited	7:53.85	2001	<b>3200 Meter Relay</b>	Joanna Mullen Mandy Furr Caitlin Littlefield Kelsey Lam	9:44	2001
_____	_____	_____	<b>100 Meter High Hurdles</b>	Allison Bowden	15.6	1999
Jeremy Carter	14.55	1998	<b>110 Meter High Hurdles</b>	_____	_____	_____
Jeremy Carter	37.34	1997	<b>300 Meter Low Hurdles</b>	Allison Bowden	45.5	1997
Colby York	6'4"	2008	<b>High Jump</b>	Allison Bowden	5'8"	1997
Troy Dolby	23'5"	1997	<b>Long Jump</b>	Devon Armstrong	18'9 3/4"	1995
Troy Dolby	44'7"	1995	<b>Triple Jump</b>	Jessica Partin	35'8"	1996
Steven Taylor	15'0"	2001	<b>Pole Vault</b>	Kallie Kocourek	9'0"	1999
Steve Jacobs	48'1"	1998	<b>Shot Put</b>	Saleemah Abdullah	36'9"	1995
Joey Forhand	158'3"	1996	<b>Discus</b>	Saleemah Abdullah	119' 1/2"	1995

# Leesville Road High School

8409 Leesville Road

Raleigh, NC 27613

Phone: 870-4250

Fax: 870-4287

Principal: Scott Lyons

Athletic Director: Jack Rogers

---

## 2009 Outdoor Track & Field Schedule

<u>Date</u>	<u>Opponent</u>	<u>Location/Time</u>
Mon. – March 2 <sup>nd</sup>	Apex	Cancelled
Sat. – March 7 <sup>th</sup>	Jaguar Invitational	Athens Drive / TBA
Wed. – March 11 <sup>th</sup>	Wake Forest Rolesville	Home / 3:30
Wed. – March 18 <sup>th</sup>	Broughton	Broughton / 3:30
Sat. – March 28 <sup>th</sup>	Spartan Invitational	Southern Durham
Wed. – April 1 <sup>st</sup>	Sanderson/Enloe	Sanderson / 3:30
<b><u>** Spring Break** April 4<sup>th</sup> – April 12<sup>th</sup></u></b>		
Thurs. – April 16 <sup>th</sup>	Enloe	<b>Enloe / 3:30</b>
Sat. – April 18 <sup>th</sup>	Apex Lions/Bojangles Relays	Apex
Wed. – April 22 <sup>nd</sup>	Wakefield	Home / 3:30
Sat. – April 25 <sup>th</sup>	Wake County Championships	Panther Creek
Wed. – April 29 <sup>th</sup>	Millbrook	Millbrook / 3:30
Wed. – May 6 <sup>th</sup>	CAP-7 Conference Meet	Sanderson / 2:00
Sat. – May 16 <sup>th</sup>	4-A Mid East Regionals	<b>Panther Creek / 10:00</b>
Sat. – May 23 <sup>rd</sup>	4-A State Championships	NC A&T State Univ. / 10:00

Head Coach: Mark McLamb                      mmclamb@wcpss.net  
Assistant Coach: Rommel Foy  
Assistant Coach: Nathan Hedgpeth  
Assistant Coach: Richard Spangler  
Assistant Coach: Nick Wheeler

# Leesville Road Track & Field

## Top 3 Performances of the 2009 Outdoor Season

### WOMEN

#### 100 Meter:

P. Eley- 12.00 (New School Record)  
H. Blackburn- 12.5  
S. Jones- 13.6

#### 200 Meter:

P. Eley- 24.44 (New School Record)  
S. Jones- 26.5  
D. Smith- 26.8

#### 400 Meter:

P. Eley- 1:01.6  
D. Smith- 1:01.78  
K. Quirk- 1:02.9

#### 800 Meter:

L. Strapp- 2:26.7  
A. Locke- 2:27.61  
H. Hering- 2:44

#### 1600 Meter:

L. Strapp- 5:12.86 (New school record)  
A. Locke- 5:43  
C. Fanning 6:15.8

#### 3200 Meter:

L. Strapp- 11:18.70 (New School Record)  
A. Locke- 12:19.6  
A. Bloemeke- 13:30

#### 400 Meter Relay:

C. Odametey  
S. Jones 49.42  
P. Eley (New School Record)  
H. Blackburn

#### 800 Meter Relay:

P. Eley  
S. Jones 1:42.91 (New School Record)  
H. Blackburn  
K. Quirk

#### 1600 Meter Relay:

D. Smith  
P. Eley 4:17.52  
S. Giles  
K. Quirk

#### 3200 Meter Relay:

L. Strapp  
A. Locke 10:25.8  
H. Hering  
K. Schuler

#### 100 Hurdles:

S. Giles- 15.5  
M. Kolawole- 18.1

#### 300 Hurdles:

S. Giles- 46.8  
M. Kolawole- 57.3  
L. Rakes- 58.5

#### High Jump:

B. Staves- 5'2"  
T. St.Lott - 4'8"

#### Pole Vault:

S. Williams- 8'  
K. Anderson- 8'  
M. Schell- 7'6"

#### Long Jump:

H. Blackburn- 16'8.5"  
B. Staves- 15'9"  
T. St.Lott- 15'9"

#### Triple Jump:

B. Staves- 34'0"  
T. St.Lott- 31'6.5"  
C. Lee- 29'

#### Shot Put:

S. Hopkins- 29'11"  
D. Verhoeven- 25'1"  
M. Pendergraft- 24'7"

#### Discus:

M. Pendergraft- 75'10"  
S. Hopkins- 58'6"  
D. Verhoeven- 57'2"

# Leesville Road Track & Field

## Top 3 Performances of the 2009 Outdoor Season

### MEN

#### 100 Meter:

K. Johnson- 10.8  
J. Council- 10.9  
C. Davis- 11.3

#### 200 Meter:

J. Council- 21.98  
K. Johnson- 23.0  
D. Lowery- 23.1

#### 400 Meter:

D. Brown- 49.8  
B. Burns- 51.7  
A. Evans- 52.1

#### 800 Meter:

A. Smith- 2:02.62  
B. Jackson- 2:03.6  
C. Klute- 2:07

#### 1600 Meter:

A. Smith- 4:31.87  
B. Jackson- 4:32  
A. Byrum- 4:37.9

#### 3200 Meter:

A. Smith- 9:57.39  
A. Byrum- 10:10.65  
W. Woodhouse- 10:13.2

#### 400 Meter Relay:

E. Simpson  
C. Davis 43.79  
J. Council  
K. Johnson

#### 800 Meter Relay:

E. Simpson  
D. Lowery 1:30.5  
J. Council  
K. Johnson

#### 1600 Meter Relay:

B. Burns  
C. Davis 3:28.9  
R. Mangum  
K. Johnson

#### 3200 Meter Relay:

A. Smith  
B. Burns 8:18.9  
C. Klute  
P. Fussell

#### 110 Hurdles:

R. Mangum- 15.3  
D. Lowery- 16.6  
J. Mabellos- 18.9

#### 300 Hurdles:

R. Mangum- 40.7  
D. Lowery- 44.3  
J. Mabellos- 44.7

#### High Jump:

R. Elliston- 5'8"  
D. McElveen- 5'8"  
J. Page- 5'4"  
D.J. Smith- 5'4"

#### Pole Vault:

P. Ficalora- 12'0"  
J. Kunesh- 11'6"  
V. Fussell- 9'0"

#### Long Jump:

C. Davis- 21'3.5"  
J. Council- 20'5"  
L. White- 17'5"  
B. Roberts- 17'5"

#### Triple Jump:

J. Council- 44'1"  
C. Davis- 40'4.5"  
D.J. Smith- 40'4"

#### Shot Put:

N. Wooten- 43'2"  
K. Johnson- 38'10"  
C. Moss- 38'5"

#### Discus:

N. Wooten- 139'9.5"  
T. Bowers- 125'3"  
M. Greenhaw- 95'11"

# Leesville Road High School Track & Field

## CAP 7 All-Conference

### Girls:

Paige Eley  
Breana Staves  
Lauren Strapp  
Kaitlyn Quirk  
Hailey Blackburn  
Sarah Jones  
Sarah Giles

### Boys:

Ryan Mangum  
Johnnie Council  
Nate Wooten  
Chase Davis

# Leesville Road High School Track & Field

## 2009 Results

### Girls:

17-2 in regular season  
Jaguar Invitational Champions  
2<sup>nd</sup> at CAP-7 Championships  
3<sup>rd</sup> at 4-A MidEast Regionals  
10<sup>th</sup> at 4-A State Championships  
Set 4 New School Records: 200m, 1600m, 3200m,  
4x1 Relay, and 4x2 Relay

### Boys:

13-6 in regular season  
Jaguar Invitational Champions  
5<sup>th</sup> at CAP-7 Championships  
12<sup>th</sup> at 4-A MidEast Regionals

Overall Record for 2009 LRHS Track & Field:

30-9 (78.9%)

“Class of 2009” overall track & field record from 2006-2009:

128-28 (82%)

# Leesville Road Track & Field 2009

## Women's Individual Scoring

Participant	Jaguar	WFR	Brough	Spartan	Sander	Enloe	Bojangle	Wakefield	WCC	Millbrook	CAP7	Region	State	Total	Rank
Anderson, Kelsey	2	1			2						2			7	
Blackburn, Hailey	10.33	10.5	5.5	2.75	10.5	4.5	7	10.25	10.5	5	10.5	5	1.5	93.83	4
Bloemeke, Amanda		3	1		1	1		3						9	
Eley, Paige	<b>23.5</b>	10.5	12.5	<b>22.5</b>	<b>12.5</b>	7.5	<b>9</b>	<b>12.5</b>	<b>15.5</b>	10	<b>24.5</b>	<b>21</b>	<b>9.5</b>	<b>191</b>	1
Fanning, Caitlin		5	3											8	
Giles, Sarah	17.5		11.25	5	9.25	9.25		7.25		6	10.5	1		77	5
Glover, Brittany	1.5	2.25						1						4.75	
Hering, Hope	3.5	4.25	1.25		1.25	3	0.25	6.25			0.5			20.25	
Hopkins, Scayla	0.99		3			3		5		3				14.99	
Howell, Taylor	5	1.25	2.5	1.25	2.5			1.25						13.75	
Jones, Allison								1.25			0.5			1.75	
Jones, Sarah	8.33	6.25	3.5	2.75	4.5	7.5	3	3.5	2.5		5.5	3	1.5	51.83	7
Kolawole, Moe		6	4		2			2						14	
Lee, Cambria	3.33	3	3					1						10.33	
Locke, Alissa	11.5	6.25	4.25		6.25	10	0.25	3.5	4					46	8
Odametey, Cathy	2.5	1	4.5	1.25	1.25	1.25	1.5	1.25	2.5		2	1.5	.5	21	
Pendergraft, Megan	0.99	3	5			1		5		5				19.99	
Petersen, Becky			1											1	
Quinn, Kiera		3												3	
Quirk, Kaitlyn	9.5	7.5		1	3.25	1.25	1.5	2.5			3	1.5	1	32	9
Rakes, Lauren		2												2	
Schell, Marion	2	5			1									8	
Schoening, Jaymi		2.25	1											3.25	
Schuler, Kate	1.5	2.25	1.25		1.25	1		2.25			0.5			10	
Smith, Danielle	8	6.75	7.5	2.75	6.25	7.5	0.25	4.25	6	5	5			59.25	6
St.Lott, Thaila	7.33	1	4		2			1		7				22.33	10
Staves, Breana	10.66	<b>15</b>	<b>15</b>	5	10	<b>13</b>	6	11	14	<b>11</b>	<b>24.5</b>	3		138.16	2
Stempien, Kaitlyn		1												1	
Strapp, Lauren	20	5	6.25	4	6.25	1.25	1.25	10	13	10	12	16	8	113	3
Verhoeven, Dana	0.99					1								1.99	
Williams, Katrina								1						1	
Williams, Stephanie	2	3	1		5			3						14	

# Leesville Road Track & Field 2009

## Men's Individual Scoring

Participant	Jaguar	WFR	Brough	Spartan	Sander	Enloe	Bojangle	Wakefield	WCC	Millbrook	CAP7	Region	State	Total	Rank
Bowers, Thomas	4	1	3		2			1	1	5	1			18	
Brown, Denzel	12.5	2.5	1.25	0.25										16.5	
Burns, Bo		2.5	6.25	0.25	2.25	5		4.25	1.5		2	.25		24.25	10
Byrum, Andrew			1	4		3	0.25	5		3		.25		16.50	
Council, Johnnie	13.33	<b>12.5</b>		1.25	<b>13</b>	<b>15</b>			<b>16.5</b>	<b>10</b>	14	<b>11</b>	<b>1</b>	<b>107.58</b>	<b>1</b>
Davis, Chase	7.66	9	<b>10</b>	0.5	2.75	9.25		4	1.5	6	9.5	.25		60.41	5
Dix, Jared								1		1				2	
Elliston, Rachmyel			1		2	3		1		3				10	
Evans, Alan	7.83	7.25	4.25			3								22.33	
Ficalora, Peter	2.66	4	1		5			1	2.5		6	3		25.16	9
Fussell, Pierce	1.5	1.25						1.25	0.5	3	1	.25		8.75	
Fussell, Vann					1			3						4	
Greenhaw, Matt	4									1				5	
Hoese, Bilo		1					0.25	1		1				3.25	
Jackson, Brian	13.5	9.25	6											28.75	7
Johnson, Kevin	11	9.25	8	1.5	5	3.5			0.5	3	3.5	1.25		46.5	6
Klute, Christian		3			2.25			4.25	0.5		1	.25		11.25	
Kunesh, Josh	2.66	4	3		2			5			2			18.66	
Lowery, David	1.5	2	5		1.75	2.25					2	1		15.5	
Mabellos, Josh								1		1				2	
Mangum, Ryan	<b>22.5</b>	6.25	7.25	4.25	6.5	9.25		<b>10</b>		8	<b>15</b>	3.25		92.25	2
McElveen, Daniel						1		3		1				5	
Moss, Carson		1	3											4	
Page, Justin	2.33													2.33	
Pham, Michael	10	1.25		1.5	2	2.5					0.5			17.75	
Roberts, Bryan	6.5	3.5												10	
Ryan, Stephen	1.5	1.25			1.25			1						5	
Simpson, Eric	3.33			1.5	3.25	4.25		3	1.5		2.5	1		20.33	
Smith, Aaron	11	6	5	<b>8</b>	6	5	0.25	6.25	10.5	<b>10</b>	1	2.25		71.25	3
Smith, Chris		3			0.75			1	1					5.75	
Smith, D.J.	2.33				2									4.33	
White, Leon	2.5	1.25	1											4.75	
Whitson, Cameron		1	3			1								5	
Woodhouse, Will	4.5	5	3	3	1.25	5	0.25	3		3				28	8
Wooten, Nate	4	8	<b>10</b>		6	8	<b>4</b>	6	6	5	8			65	4

**JAGUAR INVITATIONAL**  
**ATHENS DRIVE HIGH SCHOOL / MARCH 7TH 2009**

<b>Girls</b>			<b>Boys</b>		
<b>100m</b>			<b>100m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	11.8	3	Kevin Johnson	11.1
<b>200m</b>			<b>200m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	25.1	3	Johnnie Council	22.6
<b>400m</b>			<b>400m</b>		
Place	Name	Time	Place	Name	Time
2	Kaitlyn Quirk	1:02.9	1	Denzel Brown	49.8
<b>800m</b>			<b>800m</b>		
Place	Name	Time	Place	Name	Time
2	Alissa Locke	2:33.9	3	Brian Jackson	2:03.6
<b>Girls</b>			<b>Boys</b>		
<b>1600m</b>			<b>1600m</b>		
Place	Name	Time	Place	Name	Time
2	Lauren Strapp	5:16	3	Brian Jackson	4:48.2
<b>3200m</b>			<b>3200m</b>		
Place	Name	Time	Place	Name	Time
1	Lauren Strapp	11:43.3	2	Aaron Smith	10:08.6
<b>100m Hurdles</b>			<b>110m Hurdles</b>		
Place	Name	Time	Place	Name	Time
2	Sarah Giles	15.5	2	Ryan Mangum	15.6
<b>300m Hurdles</b>			<b>300m Hurdles</b>		
Place	Name	Time	Place	Name	Time
3	Sarah Giles	49.0	1	Ryan Mangum	41.3
<b>400m Relay</b>			<b>400m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Jones Hailey Blackburn Taylor Howell Danielle Smith	51.6	5	Leon White Micheal Pham Kevin Johnson Johnnie Council	45.
<b>800m Relay</b>			<b>800m Relay</b>		
Place	Name	Time	Place	Name	Time
2	Sarah Jones Hailey Blackburn Paige Eley Danielle Smith	1:47.8	2	Denzel Brown Michael Pham Kevin Johnson Johnnie Council	1:31.9

**JAGUAR INVITATIONAL  
ATHENS DRIVE HIGH SCHOOL / MARCH 7TH 2009**

<b>Girls</b>			<b>Boys</b>		
	<b>1600m Relay</b>			<b>1600m Relay</b>	
Place	Name	Time	Place	Name	Time
3	Paige Eley Danille Smith Sarah Giles Kaitlyn Quirk	4:17.6	1	Ryan Mangum Denzel Brown Alan Evans Kevin Johnson	3:32.9
	<b>3200m Relay</b>			<b>3200m Relay</b>	
Place	Name	Time	Place	Name	Time
3	Kate Schuler Hope Herring Alissa Locke Brittany Glover	11:11.8	3	Will Woodhouse Pierce Fussell Stephen Ryan Brian Jackson	9:23
	<b>Sprint Medley</b>			<b>Sprint Medley</b>	
Place	Name	Time	Place	Name	Time
1	Sarah Jones Cathy Odamety Hailey Blackburn Taylor Howell	02:00.6	3	Michael Pham David Lowery Alan Evans Will Woodhouse	03:54.4
	<b>Distance Medley</b>			<b>Distance Medley</b>	
Place	Name	Time	Place	Name	Time
2	Alissa Locke Danielle Smith Lauren Strapp Hope Hering	13:18.9	3	Will Woodhouse Alan Evans Aaron Smith Brian Jackson	11:09.2
	<b>Long Jump Relay</b>			<b>Long Jump Relay</b>	
Place	Name	Distance	Place	Name	Distance
1	Breana Staves Hailey Blackburn Taylor Howell	46'2"	3	Johnnie Council Chase Davis Leon White	56'8"
	<b>Triple Jump Relay</b>			<b>Triple Jump Relay</b>	
Place	Name	Distance	Place	Name	Distance
1	Cami Lee Thaila St. Lott Breana Staves	63'7"	1	Johnnie Council Leon White Chase Davis	122'6"
	<b>High Jump Relay</b>			<b>High Jump Relay</b>	
Place	Name	Height	Place	Name	Height
2	Breana Staves Thaila St. Lott Taylor Howell	9'8"	2	Justin Page D.J. Smith Chase Davis	16'

**JAGUAR INVITATIONAL  
ATHENS DRIVE HIGH SCHOOL / MARCH 7TH 2009**

<b>Girls</b>			<b>Boys</b>		
	<b>Pole Vault Relay</b>			<b>Pole Vault Relay</b>	
Place	Name	Height	Place	Name	Height
3	Kelsey Anderson Marion Schell Stephanie Williams	21'	2	Peter Ficalora Josh Kunesh Alan Evans	28'6"
	<b>Shot Put Relay</b>			<b>Shot Put Relay</b>	
Place	Name	Distance	Place	Name	Distance
5	Dana Verhoeven Megan Pendergraft Schayla Hopkins	70'6"	3	Nate Wooten Thomas Bowers Matt Greenhaw	111'8"
	<b>Discus Relay</b>			<b>Discus Relay</b>	
Place	Name	Distance	Place	Name	Distance
6	Dana Verhoeven Megan Pendergraft Schayla Hopkins	142'	3	Nate Wooten Thomas Bowers Matt Greenhaw	294'7"
	Leesville Road	153		Leesville Road	141
	Millbrook	107		West Johnston	104
	West Johnston	97		Chapel Hill	101
	Chapel Hill	81		Millbrook	93
	Athens Drive	68		Northern Durham	73
	Northern Durham	66		Athens Drive	61
	Smithfield Selma	25		Smithfield Selma	37

Leesville Road vs Wake Forest Rolesville  
at LRHS March 11, 2009

<b>Boys</b>			<b>Girls</b>		
<b>100m</b>			<b>100m</b>		
Place	Name	Time	Place	Name	Time
1	Kevin Johnson	11.3	1	Paige Eley	12.7
2	Chase Davis	11.4	2	Sarah Jones	13.5
7	Drew Blackburn	12.1	3	Cathy Odametey	13.6
9	Leon White	12.2		Taylor Howell	14
				Danielle Wallach	14.1
				Thaila St. Lot	14.5
				Jocelyn Yates	15
<b>200m</b>			<b>200m</b>		
Place	Name	Time	Place	Name	Time
1	Johnnie Council	22.9	1.	Hailey Blackburn	27.3
2	Kevin Johnson	23.1	2	Danielle Smith	28.3
4	David Lowery	24	3	Sarah Jones	28.4
8	D.J. Smith	24.6	4	Cathy Odametey	28.6
9	Ina Obasi	24.8	5	Taylor Howell	28.8
10	R. Elliston	25.6		Breana Staves	29.1
12	Drew Blackburn	27.1		Cami Lee	30.6
				Danielle Wallach	30.9
				Jocelyn Yates	31.6
<b>400m</b>			<b>400m</b>		
Place	Name	Time	Place	Name	Time
1	Alan Evans	52.1	1	Kaitlyn Quirk	1:03.2
2	Chris Smith	54.6	2	Paige Eley	1:04.6
4	Cameron Whiteson	57.3	3	Jaymi Schoening	1:08.3
6	Kevin Chauncey	57.9			
10	Matt Delacruz	01:03.4			
<b>800m</b>			<b>800m</b>		
Place	Name	Time	Place	Name	Time
1	Brian Jackson	2:08.1	1	Alissa Locke	2:38.8
2	Christian Klute	2:11	2	Hope Hering	2:49.6
4	Stephen Ryan	2:18.3	3	Kate Schuler	2:50.8
6	Pierce Fussell	2:22.7			
<b>1600m</b>			<b>1600m</b>		
Place	Name	Time	Place	Name	Time
1	Aaron Smith	4:41	1	Caitlin Fanning	6:23
2	Brian Jackson	4:50	2	Kiera Quinn	6:36
3	Bilo Hoese	5:11	3	Kaitlyn Stempien	6:37
	Spencer Pennington	?	6	Bri Marino	6:56
	Wyatt Witzon	?	7	Morgan Springer	7:03
			8	Brenna Langley	7:05
			9	Allie Gallagher	7:05

Leesville Road vs Wake Forest Rolesville  
at LRHS March 11, 2009

<b>BOYS</b>			<b>GIRLS</b>		
<b>3200m</b>			<b>3200m</b>		
Place	Name	Time	Place	Name	Time
1	Will Woodhouse	10:16.6	1	Lauren Strapp	11:29.6
3	Aaron Smith	10:23.2	2	Amanda Bloemeke	14:42
4	Jared Dix	11:24.6	3	Brittany Glover	14:54.6
			4	Becky Petersen	14:55.4
<b>110m Hurdles</b>			<b>100m Hurdles</b>		
Place	Name	Time	Place	Name	Time
2	David Lowery	18.5	2	Moe Kolawole	19.6
4	Josh Mabellos	19.9	3	Lauren Rakes	22
5	JaVante Walker	22.2			
<b>300m Hurdles</b>			<b>300m Hurdles</b>		
Place	Name	Time	Place	Name	Time
1	Ryan Mangum	41	2	Moe Kolawole	57.3
3	David Lowery	44.4	3	Lauren Rakes	1:01.9
5	Josh Mabellos	46.5			
6	JaVante Walker	54			
<b>400m Relay</b>			<b>400m Relay</b>		
Place	Name	Time	Place	Name	Time
1	LRHS	44.9	1	LRHS	53.8
	Leon White			Sarah Jones	
	Bryan Roberts			Hailey Blackburn	
	Johnnie Council			Paige Eley	
	Kevin Johnson			Danielle Smith	
<b>800m Relay</b>			<b>800m Relay</b>		
Place	Name	Time	Place	Name	Time
1	LRHS	01:32.5	1	LRHS	01:47.3
	Denzel Brown			Kaitlyn Quirk	
	Johnnie Council			Hailey Blackburn	
	Bryan Roberts			Danielle Smith	
	Michael Pham			Paige Eley	
<b>1600m Relay</b>			<b>1600m Relay</b>		
Place	Name	Time	Place	Name	Time
1	LRHS	3:39.7	1	LRHS	4:39.4
	Denzel Brown			Kaitlyn Quirk	
	Ryan Mangum			Danielle Smith	
	Bo Burns			Jaymi Schoening	
	Alan Evans			Taylor Howell	
<b>3200m Relay</b>			<b>3200m Relay</b>		
Place	Name	Time	Place	Name	Time
1	LRHS	8:57	1	LRHS	11:16
	Bo Burns			Alissa Locke	
	Brian Jackson			Kate Schuler	
	Pierce Fussell			Hope Hering	
	Stephen Ryan			Brittany Glover	

Leesville Road vs Wake Forest Rolesville  
at LRHS March 11, 2009

**BOYS**

**Long Jump**

Place	Name	Distance
1	Johnnie Council	19'
2	Chase Davis	17'10"
3	Bryan Roberts	17'5"
4	Leon White	17'1.5"
6	Cameron Whitson	16'9.5"
10	Ina Obasi	15'9"

**Triple Jump**

Place	Name	Distance
2	Chase Davis	40'4.5"
3	Cameron Whitson	38'2.5"
4	D.J. Smith	37'3"
5	Daniel McElveen	37'2.5"
6	Leon White	34'11"
8	Kevin Chauncey	33'8"

**High Jump**

Place	Name	Height
	D.J. Smith	5'4"
	Justin Page	5'4"
	R. Elliston	5'4"
	Daniel McElveen	5'2"

**Pole Vault**

Place	Name	Height
1	Peter Ficalora	10'6"
1	Josh Kunesh	10'6"
3	Alan Evans	7'6"

**Shot Put**

Place	Name	Distance
2	Nate Wooten	41'8.5"
3	Carson Moss	37'2.5"
7	Thomas Bowers	34'1"
8	Matt Greenhaw	33'8.5"

**Discus**

Place	Name	Distance
1	Nate Wooten	136'
3	Thomas Bowers	111'3"
5	Carson Moss	94'1"
6	Matt Greenhaw	89'9.5"

**TEAM SCORES**

LRHS- 105  
WFR - 41

**GIRLS**

**Long Jump**

Place	Name	Distance
1	Breana Staves	15'4.5"
2	Hailey Blackburn	14'7"
3	Sarah Jones	14'4.75"
4	Thaila St. Lot	14'2.25"
6	Carolyne Wallace	10'11.25"

**Triple Jump**

Place	Name	Distance
1	Breana Staves	33'5"
2	Cami Lee	29'

**High Jump**

Place	Name	Height
1	Breana Staves	5'2"
3	Thaila St. Lott	4'8"

**Pole Vault**

Place	Name	Height
1	Marion Schell	7'6"
2	Stephanie Williams	7'6"
3	Kelsey Anderson	7'

**Shot Put**

Place	Name	Distance
4	Schayla Hopkins	23'11"
5	Dana Verhoeven	23'7.5"
6	Megan Pendergraft	23'2.5"
10	Katrina Williams	15'8.5"

**Discus**

Place	Name	Distance
2	Megan Pendergraft	67'4.5"
5	Dana Verhoeven	54'10"
6	Katrina Williams	47'
7	Schayla Hopkins	46'10"

**TEAM SCORES**

LRHS - 117  
WFR - 28

LEESVILLE ROAD VS BROUGHTON  
AT BROUGHTON, MARCH 28TH 2009

<b>Girls</b>			<b>Boys</b>		
<b>100m</b>			<b>100m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	12.3	2	Kevin Johnson	10.8
5	Taylor Howell	13.7	4	Chase Davis	11.3
<b>200m</b>			<b>200m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	25.7	1	Kevin Johnson	23
2	Hailey Blackburn	26.9	2	David Lowery	23.5
5	Cathy Odametey	28.5			
6	Breana Staves	28.6			
<b>400m</b>			<b>400m</b>		
Place	Name	Time	Place	Name	Time
1	Danielle Smith	1:05.7	1	Bo Burns	51.7
3	Jaymi Schoening	1:08.4	2	Alan Evans	52.8
			4	Denzel Brown	53.9
			6	Chris Smith	54.4
<b>800m</b>			<b>800m</b>		
Place	Name	Time	Place	Name	Time
2	Alissa Locke	2:33.2	2	Brian Jackson	2:06.7
4	Hope Hering	2:44.7	4	Christian Klute	2:12.2
5	Kate Schuler	2:45.3	5	Stephen Ryan	2:17.3
6	Allison Jones	2:45.6			
<b>1600m</b>			<b>1600m</b>		
Place	Name	Time	Place	Name	Time
2	Caitlin Fanning	6:15.8	2	Brian Jackson	4:32.
3	Becky Petersen	6:31.9	5	Bilo Hoese	4:49.9
5	Kiera Quinn	6:48.5	7	Pierce Fussell	4:58
6	Morgan Springer	6:57.1			
<b>3200m</b>			<b>3200m</b>		
Place	Name	Time	Place	Name	Time
1	Lauren Strapp	11:39.9	1	Aaron Smith	10:02.7
3	Amanda Bloemeke	14:30.4	2	Will Woodhouse	10:34.2
4	Brittany Glover	14:34.9	3	Andrew Byrum	10:44
			5	Jared Dix	11:08
<b>100m Hurdles</b>			<b>110m Hurdles</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Giles	15.6	2	Ryan Mangum	17.1
2	Moe Kolawole	18.1	3	David Lowery	19.1
			4	Josh Mabellos	19.3

LEESVILLE ROAD VS BROUGHTON  
AT BROUGHTON, MARCH 28TH 2009

<b>Girls</b>			<b>Boys</b>		
<b>300m Hurdles</b>			<b>300m Hurdles</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Giles	49.3	2	Ryan Mangum	41.1
3	Moe Kolawole	59.05	3	David Lowery	45.1
4	Lauren Rakes	59.9	4	Josh Mabellos	45.9
<b>400m Relay</b>			<b>400m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Jones Hailey Blackburn Taylor Howell Cathy Odamete	52.3	2	Leon White Micheal Pham Kevin Johnson Chase Davis	?
<b>800m Relay</b>			<b>800m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Jones Hailey Blackburn Paige Eley Danielle Smith	1:47.8	2	Denzel Brown David Lowery Kevin Johnson Johnnie Council	?
<b>1600m Relay</b>			<b>1600m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley Danille Smith Sarah Giles Taylor Howell	4:17.9	1	Ryan Mangum Denzel Brown Bo Burns Alan Evans	3:34.6
<b>3200m Relay</b>			<b>3200m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Lauren Strapp Alissa Locke Kate Schuler Hope Hering	10:25.8	2	Stephan Ryan Aaron Smith Christian Klute Stephen Ryan	?
<b>Long Jump</b>			<b>Long Jump</b>		
Place	Name	Distance	Place	Name	Distance
1	Breana Staves	14'5"	1	Chase Davis	18'8"
2	Thaila St. Lott	12'10"			
3	Sarah Jones	12'7"			
<b>Triple Jump</b>			<b>Triple Jump</b>		
Place	Name	Distance	Place	Name	Distance
1	Breana Staves	27'10"	1	Chase Davis	39'5.5"
2	Cami Lee	27'1"	2	Cameron Whitson	37'6"
			3	Leon White	?

LEESVILLE ROAD VS BROUGHTON  
AT BROUGHTON, MARCH 28TH 2009

<b>Girls</b>			<b>Boys</b>		
<b>High Jump</b>			<b>High Jump</b>		
Place	Name	Height	Place	Name	Height
1	Breana Staves	5'2"	3	Rachymel Elliston	5'8"
3	Thaila St. Lott	4'6"	5	DJ Smith	5'4"
			6	Justin Page	5'4"
<b>Pole Vault</b>			<b>Pole Vault</b>		
Place	Name	Height	Place	Name	Height
3	Stephanie Williams	6'6"	2	Josh Kunesh	11'6"
			3	Peter Ficalora	11'0"
<b>Discus</b>			<b>Discus</b>		
Place	Name	Distance	Place	Name	Distance
1	Megan Pendergraft	72'4"	1	Nate Wooten	138'3"
4	Scayla Hopkins	49'11"	2	Thomas Bowers	123'7"
5	Katrina Williams	49'5"	4	Matt Greenhaw	82'8"
			5	Carson Moss	75'4"
<b>Shot Put</b>			<b>Shot Put</b>		
Place	Name	Distance	Place	Name	Distance
2	Schayla Hopkins	23'3"	1	Nate Wooten	41'3"
4	Megan Pendergraft	22'6"	2	Carson Moss	38'5"
5	Katrina Williams	16'	4	Thomas Bowers	33'11.5"
				Matt Greenhaw	?
	LEESVILLE ROAD-	102		LEEVSVILLE ROAD-	82
	BROUGHTON-	43		BROUGHTON-	64

**SPARTAN INVITATIONAL**  
**AT SOUTHERN DURHAM HIGH, MARCH 28TH, 2009**

<b>Girls</b>			<b>Boys</b>		
<b>100m</b>			<b>100m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	12.4	11	Kevin Johnson	11.38
			36	Eric Simpson	12.16
<b>200m</b>			<b>200m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	25.25	12	Kevin Johnson	23.2
11	Hailey Blackburn	27.25	15	Johnnie Council	23.35
16	Sarah Jones	27.76	23	Michael Pham	24.18
<b>400m</b>			<b>400m</b>		
Place	Name	Time	Place	Name	Time
15	Kaitlyn Quirk	1:04.07	11	Denzel Brown	53.03
			12	Bo Burns	53.44
<b>800m</b>			<b>800m</b>		
Place	Name	Time	Place	Name	Time
10	Alissa Locke	2:31.13	24	Stephen Ryan	2:11.65
<b>Girls</b>			<b>Boys</b>		
<b>1600m</b>			<b>1600m</b>		
Place	Name	Time	Place	Name	Time
4	Lauren Strapp	5:21.94			
<b>3200m</b>			<b>3200m</b>		
Place	Name	Time	Place	Name	Time
			2	Aaron Smith	9:57.39
			5	Andrew Byrum	10:10.65
			6	Will Woodhouse	10:13.20
<b>100m Hurdles</b>			<b>110m Hurdles</b>		
Place	Name	Time	Place	Name	Time
6	Sarah Giles	16.47	10	Ryan Mangum	16.39
<b>300m Hurdles</b>			<b>300m Hurdles</b>		
Place	Name	Time	Place	Name	Time
8	Sarah Giles	49.71	4	Ryan Mangum	40.92

**SPARTAN INVITATIONAL**  
**AT SOUTHERN DURHAM HIGH, MARCH 28TH, 2009**

<b>Girls</b>			<b>Boys</b>		
<b>400m Relay</b>			<b>400m Relay</b>		
Place	Name	Time	Place	Name	Time
4	Sarah Jones Hailey Blackburn Taylor Howell Cathy Odametey	52.49	8	Eric Simpson Micheal Pham Kevin Johnson Chase Davis	44.81
<b>800m Relay</b>			<b>800m Relay</b>		
Place	Name	Time	Place	Name	Time
3	Sarah Jones Hailey Blackburn Paige Eley Danielle Smith	1:47.72	4	Eric Simpson Michael Pham Kevin Johnson Johnnie Council	1:32.44
<b>1600m Relay</b>			<b>1600m Relay</b>		
Place	Name	Time	Place	Name	Time
8	Paige Eley Danille Smith Sarah Giles Kaitlyn Quirk	4:16.52	8	Ryan Mangum Denzel Brown Bo Burns Chase Davis	3:35.05
<b>Long Jump</b>			<b>Long Jump</b>		
Place	Name	Distance	Place	Name	Distance
			12	Johnnie Council	19'4"
			21	Chase Davis	18'4.25"
<b>Triple Jump</b>			<b>Triple Jump</b>		
Place	Name	Distance	Place	Name	Distance
10	Breana Staves	31'8"	13	Chase Davis	39'10"
<b>Girls High Jump</b>			<b>Boys High Jump</b>		
Place	Name	Height	Place	Name	Height
3	Breana Staves	5'			
<b>Pole Vault</b>			<b>Pole Vault</b>		
Place	Name	Height	Place	Name	Height
			9	Peter Ficalora	12'0"

**LEESVILLE ROAD VS SANDERSON/ENLOE  
AT SANDERSON APRIL 1ST, 2009**

<b>Girls</b>			<b>Boys</b>		
<b>100m</b>			<b>100m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	12.8	1	Johnnie Council	11
2	Hailey Blackburn	12.8	2	Kevin Johnson	11.3
7	Taylor Howell	13.9		Chase Davis	11.8
12	Danielle Wallach	14.7		Drew Blackburn	12.6
<b>200m</b>			<b>200m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	25.3	1	Johnnie Council	22.5
4	Sarah Jones	27.5	3	Eric Simpson	24.1
	Cathy Odamety	27.9	4	David Lowery	24.3
	Danielle Wallach	28.9			
<b>400m</b>			<b>400m</b>		
Place	Name	Time	Place	Name	Time
1	Danielle Smith	1:02.6	4	Bo Burns	54.5
3	Kaitlyn Quirk	1:03.6		Chris Smith	55.4
	Jaymi Schoening	1:07.9			
<b>800m</b>			<b>800m</b>		
Place	Name	Time	Place	Name	Time
1	Lauren Strapp	2:26.7	2	Aaron Smith	2:05.7
7	Hope Hering	2:47.3	4	Christian Klute	2:10.9
				Stephen Ryan	2:17.4
				Jared Dix	2:20.9
<b>1600m</b>			<b>1600m</b>		
Place	Name	Time	Place	Name	Time
	Amanda Bloemeke	6:27.7	2	Aaron Smith	4:39
	Becky Petersen	6:30.3		Bilo Hoese	4:52.6
				Pierce Fussell	5:01.6
				Jared Dix	5:09.2
<b>3200m</b>			<b>3200m</b>		
Place	Name	Time	Place	Name	Time
1	Alissa Locke	12:19.6		Andrew Byrum	10:13.1
4	Amanda Bloemeke	14:10.2		Will Woodhouse	10:38.8
	Brittany Glover	14:22.6			
	Becky Petersen	14:58.6			
<b>100m Hurdles</b>			<b>110m Hurdles</b>		
Place	Name	Time	Place	Name	Time
2	Sarah Giles	15.8	3	Ryan Mangum	16.1
3	Moe Kolawole	18.8		David Lowery	16.6
				Josh Mabellos	20.6

LEESVILLE ROAD VS SANDERSON/ENLOE  
AT SANDERSON APRIL 1ST, 2009

<b>Girls</b>			<b>Boys</b>		
<b>300m Hurdles</b>			<b>300m Hurdles</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Giles	49.5	2	Ryan Mangum	40.8
	Moe Kolawole	58.3		David Lowery	45.1
	Lauren Rakes	58.5			
<b>400m Relay</b>			<b>400m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Jones	51.6	1	DJ Smith	44.8
	Hailey Blackburn			Kevin Johnson	
	Taylor Howell			Michael Pham	
	Cathy Odametey			Eric Simpson	
<b>800m Relay</b>			<b>800m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Jones	1:47.8	2	David Lowery	1:32.9
	Hailey Blackburn			Kevin Johnson	
	Danielle Smith			Michael Pham	
	Paige Eley			Ryan Mangum	
<b>1600m Relay</b>			<b>1600m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Kaitlyn Quirk	4:24.8	2	DJ Smith	3:38.9
	Taylor Howell			Ryan Mangum	
	Sarah Giles			Chase Davis	
	Paige Eley			Chris Smith	
<b>3200m Relay</b>			<b>3200m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Kate Schuler	10:45	1	Bo Burns	8:41
	Hope Hering			Stephen Ryan	
	Lauren Strapp			Will Woodhouse	
	Alissa Locke			Christian Klute	
<b>Long Jump</b>			<b>Long Jump</b>		
Place	Name	Distance	Place	Name	Distance
1	Hailey Blackburn	16'	2	Chase Davis	20'9.5"
3	Breana Staves	14'11.5"	4	Johnnie Council	19'1"
4	Sarah Jones	14'5.5"			
	Thaila St. Lott	13'11"			
	Cami Lee	12'4"			
<b>Triple Jump</b>			<b>Triple Jump</b>		
Place	Name	Distance	Place	Name	Distance
2	Breana Staves	33'5"	3	Johnnie Council	42'4.5"
4	Thaila St. Lott	31'6.5"		DJ Smith	40'4"
	Cami Lee	27'5"		Cameron Whitson	38'9.5"

**LEESVILLE ROAD VS SANDERSON/ENLOE  
AT SANDERSON APRIL 1ST, 2009**

<b>Girls</b>			<b>Boys</b>		
<b>High Jump</b>			<b>High Jump</b>		
Place	Name	Height	Place	Name	Height
1	Breana Staves	5'2"	3	Rachymel Elllistgon	5'8"
4	Thalia St. Lott	4'8"		Daniel McElveen	5'6"
				Justin Page	5'4"
<b>Pole Vault</b>			<b>Pole Vault</b>		
Place	Name	Height	Place	Name	Height
1	Stephanie Williams	7'6"	1	Peter Ficalora	11'6"
3	Kelsey Anderson	7'6"	3	Josh Kunesh	9'6"
4	Marion Schell	7'	4	Vann Fussell	9'
<b>Discus</b>			<b>Discus</b>		
Place	Name	Distance	Place	Name	Distance
	Schayla Hopkins	58'6"	1	Nate Wooten	129'2"
	Megan Pendergraft	55'1"	3	Thomas Bowers	119'1"
	Dana Verhoeven	36'2"		Carson Moss	88'9"
				Matt Greenhaw	81'2"
<b>Shot Put</b>			<b>Shot Put</b>		
Place	Name	Distance	Place	Name	Distance
5	Schayla Hopkins	27'10"	4	Nate Wooten	41'9"
	Dana Verhoeven	23'8.5"		Carson Moss	38'4.25"
	Megan Pendergraft	21'6.5"		Thomas Bowers	32'7"
				Matt Greenhaw	31'.5"
	LEESVILLE ROAD-	88		LEEESVILLE ROAD-	78
	Enloe-	46		Sanderson-	62
	Sanderson-	45		Enloe-	46

LEESVILLE ROAD VS ENLOE  
AT ENLOE APRIL 16TH, 2009

Girls			Boys		
<b>100m</b>			<b>100m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	12.3	1	Johnnie Council	1.1
3	Hailey Blackburn	12.4	3	Kevin Johnson	11.2
6	Taylor Howell	13.7	4	Eric Simpson	11.4
7	Cathy Odamety	13.7	7	DJ Smith	11.7
11	Jocelyn Yates	14.6	8	Drew Blackburn	12.2
				Matt Delacruz	12.8
<b>200m</b>			<b>200m</b>		
Place	Name	Time	Place	Name	Time
1	Danielle Smith	26.8	1	Johnnie Council	22.8
3	Sarah Jones	29.9	2	Eric Simpson	23.4
4	Cathy Odamety	29	3	David Lowery	23.8
			8	DJ Smith	25.1
			11	Andrew Byrum	27.2
<b>400m</b>			<b>400m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	1:01.6	1	Bo Burns	52.4
4	Kaitlyn Quirk	1:03.9	2	Alan Evans	53.2
5	Lauren Strapp	1:05.4	5	Chris Smith	54.4
				Kevin Chauncey	59.4
<b>800m</b>			<b>800m</b>		
Place	Name	Time	Place	Name	Time
1	Alissa Locke	?	5	Aaron Smith	2:05.0
2	Hope Hering	?	6	Christian Klute	2:07.0
3	Kate Schuler	?	9	Pierce Fussell	2:11.0
	Allison Jones	?	11	Stephen Ryan	2:15
<b>1600m</b>			<b>1600m</b>		
Place	Name	Time	Place	Name	Time
1.	Alissa Locke	5:43	1	Aaron Smith	4:35.0
5	Becky Petersen	6:33	2	Andrew Byrum	4:41
6	Kiera Quinn	6:34	6	Bilo Hoese	4:53
7	Allie Gallagher	6:34		Vann Fussell	5:53
9	Brena Langlely	6:38			
10	Amanda Bloemeke	6:39			
11	Bri Marino	6:40			
12	Morgan Springer	7:23			
<b>3200m</b>			<b>3200m</b>		
Place	Name	Time	Place	Name	Time
3	Amanda Bloemeke	14:26	1	Will Woodhouse	10:18
4	Brittany Glover	14:32	4	Jared Dix	10:36

LEESVILLE ROAD VS ENLOE  
AT ENLOE APRIL 16TH, 2009

<b>Girls</b>			<b>Boys</b>		
<b>100m Hurdles</b>			<b>110m Hurdles</b>		
Place	Name	Time	Place	Name	Time
2	Sarah Giles	15.9	2	Ryan Mangum	15.6
			4	David Lowery	17.6
				Josh Mabellos	?
<b>300m Hurdles</b>			<b>300m Hurdles</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Giles	51.7	1	Ryan Mangum	40.8
			4	David Lowery	44.4
<b>400m Relay</b>			<b>400m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Jones	52.4	1	Chase Davis	45.3
	Hailey Blackburn			Kevin Johnson	
	Danielle Smith			Michael Pham	
	Cathy Odametey			Eric Simpson	
<b>800m Relay</b>			<b>800m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Jones	1:49.1	1	David Lowery	1:35.9
	Hailey Blackburn			Kevin Johnson	
	Danielle Smith			Michael Pham	
	Paige Eley			Ryan Mangum	
<b>1600m Relay</b>			<b>1600m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Kaitlyn Quirk	4:18.3	2	Eric Simpson	3:37
	Lauren Strapp			Ryan Mangum	
	Sarah Giles			Bo Burns	
	Paige Eley			Chris Smith	
<b>Long Jump</b>			<b>Long Jump</b>		
Place	Name	Distance	Place	Name	Distance
1	Sarah Jones	15'0"	1	Johnnie Council	19'5"
2	Breana Staves	14'2"	2	Chase Davis	19'3.5"
3	Hailey Blackburn	14'2"	4	Leon White	16'6"
	Thaila St. Lott	12'9.5"			
	C. Wallace	12'4"			
<b>Triple Jump</b>			<b>Triple Jump</b>		
Place	Name	Distance	Place	Name	Distance
1	Breana Staves	31'2"	1	Chase Davis	40'1.5"
			3	Cameron Whitson	37'3.5"
			5	Leon White	35'7"

LEESVILLE ROAD VS ENLOE  
AT ENLOE APRIL 16TH, 2009

<b>Girls</b>			<b>Boys</b>		
<b>High Jump</b>			<b>High Jump</b>		
Place	Name	Height	Place	Name	Height
1	Breana Staves	5'0"	2	Rachymel Ellistgon	5'8"
4	Thalia St. Lott	4'6"	3	Daniel McElveen	5'6"
			4	Justin Page	5'4"
<b>Pole Vault</b>			<b>Pole Vault</b>		
Place	Name	Height	Place	Name	Height
	No Vault			No Vault	
<b>Discus</b>			<b>Discus</b>		
Place	Name	Distance	Place	Name	Distance
3	Megan Pendergraft	61'9"	1	Nate Wooten	132'10"
	Dana Verhoeven	54'10.5"	4	Thomas Bowers	109'
	Katrina Williams	49'9.5"	7	Arik Cain	55'8"
	Schayla Hopkings	42'	8	Thomas Sanders	51.7"
<b>Shot Put</b>			<b>Shot Put</b>		
Place	Name	Distance	Place	Name	Distance
2	Schayla Hopkins	26'8"	2	Nate Wooten	42'3"
3	Dana Verhoeven	25'	5	Thomas Bowers	32'9"
	Megan Pendergraft	22'8"	8	Arik Cain	26'1"
	Katrina Williams	19'4"	9	Thomas Sanders	23'11"
	LEESVILLE ROAD-	76		LEEVSVILLE ROAD-	80
	Enloe-	52		Enloe-	52

**APEX LIONS/BOJANGLES RELAYS**  
**AT APEX APRIL 18TH, 2009**

<b>Girls</b>			<b>Boys</b>		
	<b>100m</b>			<b>100m</b>	
Place	Name	Time	Place	Name	Time
3	Paige Eley	12.2		No Entry	
	<b>1600m</b>			<b>1600m</b>	
Place	Name	Time	Place	Name	Time
6	Lauren Strapp	5:12.7		No Entry	
	<b>100m Hurdles</b>			<b>110m Hurdles</b>	
Place	Name	Time	Place	Name	Time
	No Entry			No Entry	
	<b>400m Relay</b>			<b>400m Relay</b>	
Place	Name	Time	Place	Name	Time
3	Sarah Jones	49.7	11	Eric Simpson	44.6
	Hailey Blackburn			Micheal Pham	
	Paige Eley			Kevin Johnson	
	Cathy Odametey			Johnnie Council	
	<b>800m Relay</b>			<b>800m Relay</b>	
Place	Name	Time	Place	Name	Time
3	Sarah Jones	1:45	17	Ryan Mangum	1:34.1
	Hailey Blackburn			Michael Pham	
	Paige Eley			Kevin Johnson	
	Kaitlyn Quirk			Eric Simpson	
	<b>1600m Relay</b>			<b>1600m Relay</b>	
Place	Name	Time	Place	Name	Time
	No Team			No Team	
	<b>3200m Relay</b>			<b>3200m Relay</b>	
Place	Name	Time	Place	Name	Time
	No Team		11	Aaron Smith	8:47.9
				Pierce Fussell	
				Andrew Byrum	
				Christian Klute	
	<b>4x1600m Relay</b>			<b>4x1600m Relay</b>	
Place	Name	Time	Place	Name	Time
	No Team		6	Will Woodhouse-4:43	18:53
				Bilo Hoese-4:52	
				Aaron Smith-4:31	
				Andrew Byrum-4:45	

**APEX LIONS/BOJANGLES RELAYS  
AT APEX APRIL 18TH, 2009**

GIRLS			BOYS		
<b>800m-Sprint Medley</b>			<b>1600m-Sprint Medley</b>		
Place	Name	Time	Place	Name	Time
8	100-Sarah Jones 100-Hailey Blackburn 200-Paige Eley 400-Kaitlyn Quirk	01:54.8	11	200-Kevin Johnson 200-Eric Simpson 400-R. Mangum-52.5 800-C. Klute-2:07	03:47.9
<b>Distance Medley</b>			<b>Distance Medley</b>		
Place	Name	Time	Place	Name	Time
6	1200m-A.Locke-4:07 400m-D. Smith-1:03 800m-H. Hering-2:48 1600m-L. Strapp-5:20	13:19.1	9	1200- Woodhouse-3:28 400-A. Evans-54 800-B. Burns-2:07 1600m-A. Smith-4:37	11:07.9
<b>High Jump</b>			<b>High Jump</b>		
Place	Name	Height	Place	Name	Height
3	Breana Staves	5'2"		No Entry	
<b>Pole Vault</b>			<b>Pole Vault</b>		
Place	Name	Height	Place	Name	Height
	No Height		12	Peter Ficalora	11'
<b>Long Jump</b>			<b>Long Jump</b>		
Place	Name	Distance	Place	Name	Distance
4	Hailey Blackburn	16'8.5"		No Entry	
9	Breana Staves	15'6.25"			
<b>Triple Jump</b>			<b>Triple Jump</b>		
Place	Name	Distance	Place	Name	Distance
7	Breana Staves	32'11"	7	Johnnie Council	44'1"
<b>Shot Put</b>			<b>Shot Put</b>		
Place	Name	Distance	Place	Name	Distance
	No Entry		19	Nate Wooten	41'1"
<b>Discus</b>			<b>Discus</b>		
Place	Name	Distance	Place	Name	Distance
	No Entry		4	Nate Wooten	139'6"

Leesville Road- 5th place : 30pts

Leesville Road-26th place : 5pts

**LEESVILLE ROAD VS WAKEFIELD  
AT LEESVILLE ROAD APRIL 22ND, 2009**

<b>Girls</b>			<b>Boys</b>		
<b>100m</b>			<b>100m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	12.8		Kevin Johnson	11
3	Hailey Blackburn	13.2		Eric Simpson	11.5
	Cathy Odametey	13.9		DJ Smith	11.7
	Danielle Smith	14.3		Leon White	12.1
	Taylor Howell	14.7		Michael Pham	12.1
	Jocelyn Yates	14.8		Brandon Council	12.4
				Drew Blackburn	12.7
<b>200m</b>			<b>200m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	26		Kevin Johson	23.1
2	Hailey Blackburn	27.6		David Lowery	23.6
3	Sarah Jones	27.9		Brandon Council	25.9
4	Kaitlyn Quirk	28.7		Matt Delacruz	27.8
	Cathy Odametey	29.7			
<b>400m</b>			<b>400m</b>		
Place	Name	Time	Place	Name	Time
2	Danielle Smith	1:03.6	2	Bo Burns	53.5
3	Alissa Locke	1:05.9	3	Chris Smith	55
5	Jaymi Schoeney	1:11		Pierce Fussell	57.6
				Kevin Chauncey	59.4
<b>800m</b>			<b>800m</b>		
Place	Name	Time	Place	Name	Time
1	Hope Hering	2:45.9	1	Aaron Smith	2:06.1
2	Kate Schuler	2:47.8	2	Eric Simpson	2:11.8
			3	Stephen Ryan	2:13.6
			4	Will Woodhouse	2:16.5
				Wyatt Witzen	2:30
<b>1600m</b>			<b>1600m</b>		
Place	Name	Time	Place	Name	Time
1	Lauren Strapp	5:28.4	2	Will Woodhouse	4:51.6
3	Brittany Glover	6:27.9	3	Bilo Hoese	4:56.6
4	Allie Gallagher	6:34.8			
	Kiera Quinn	6:35.7			
	Amanda Bloemeke	6:46.6			
	Bri Marino	6:47			
	Brenna Langley	6:47			
	Morgan Springer	7:10			

**LEESVILLE ROAD VS WAKEFIELD  
AT LEESVILLE ROAD APRIL 22ND, 2009**

<b>Girls</b>			<b>Boys</b>		
<b>3200m</b>			<b>3200m</b>		
Place	Name	Time	Place	Name	Time
1	Lauren Strapp	11:31.1	1	Andrew Byrum	10:11.7
2	Amanda Bloemeke	14:39.5	2	Christian Klute	10:31.6
			3	Jared Dix	10:51.8
<b>100m Hurdles</b>			<b>110m Hurdles</b>		
Place	Name	Time	Place	Name	Time
2	Sarah Giles	16.4	1	Ryan Mangum	16.4
3	Moe Kolawole	19.4	4	Josh Mabellos	19.8
				David Lowery	20.1
<b>300m Hurdles</b>			<b>300m Hurdles</b>		
Place	Name	Time	Place	Name	Time
2	Sarah Giles	50.3	1	Ryan Mangum	41.4
3	Moe Kolawole	58.9	3	Josh Mabellos	45.6
	Lauren Rakes	59.1			
<b>3200m Relay</b>			<b>3200m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Alissa Locke Hope Hering Kate Schuler Allison Jones	12:21	1	Bo Burns Aaron Smith Pierce Fussell Christian Klute	8:35.7
<b>400m Relay</b>			<b>400m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Jones Hailey Blackburn Taylor Howell Cathy Odametey	53.2	2	Chase Davis Kevin Johnson DJ Smith Eric Simpson	45.6
<b>800m Relay</b>			<b>800m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Jones Kaitlyn Quirk Danielle Smith Paige Eley	1:50.8	2	David Lowery Kevin Johnson Eric Simpson Ryan Mangum	1:35
<b>1600m Relay</b>			<b>1600m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Alissa Locke Kaitlyn Quirk Sarah Giles Paige Eley	4:24.8	2	Chris Smith David Lowery Bo Burns Chris Smith	3:39.8

**LEESVILLE ROAD VS WAKEFIELD  
AT LEESVILLE ROAD APRIL 22ND, 2009**

<b>Girls</b>			<b>Boys</b>		
<b>Long Jump</b>			<b>Long Jump</b>		
Place	Name	Distance	Place	Name	Distance
1	Hailey Blackburn	15'8"	2	Chase Davis	19'4"
2	Breana Staves	15'7"		Leon White	16'1"
3	Thaila St. Lott	15'5.75"		Brandon Council	15'3"
	Sarah Jones	14'10.25"			
	C. Wallace	12'2"			
<b>Triple Jump</b>			<b>Triple Jump</b>		
Place	Name	Distance	Place	Name	Distance
1	Breana Staves	31'2"	3	Chase Davis	39'3"
3	Cami Lee	28'2"		DJ Smith	38'10"
				Cameron Whitson	38'9"
				Leon White	35'5"
<b>High Jump</b>			<b>High Jump</b>		
Place	Name	Height	Place	Name	Height
2	Breana Staves	5'0"	2	Daniel McElveen	5'8"
			3	Rachmyel Elliston	5'6"
				Justin Page	5'4"
<b>Pole Vault</b>			<b>Pole Vault</b>		
Place	Name	Height	Place	Name	Height
2	Stephanie Williams	7'6"	1	Josh Kunesh	11'
			2	Vann Fussell	9'6"
			3	Peter Ficalora	7'6"
<b>Discus</b>			<b>Discus</b>		
Place	Name	Distance	Place	Name	Distance
1	Megan Pendergraft	67'3"	1	Nate Wooten	139'9.5"
3	Katrina Williams	56'2.5"	3	Thomas Bowers	116'9"
	Dana Verhoeven	48'.5"		Carson Moss	91'3"
	Schayla Hopkings	44'10.5"		Matt Greenhaw	88'2"
				Airk Cain	69'.5"
				Thomas Sanders	56'4"
<b>Shot Put</b>			<b>Shot Put</b>		
Place	Name	Distance	Place	Name	Distance
1	Schayla Hopkings	29'11"	3	Nate Wooten	38'8"
	Dana Verhoeven	23'5"		Carson Moss	36'11"
	Megan Pendergraft	21'2.5"		Thomas Bowers	32'6"
	Katrina Williams	19'10"		Matt Greenhaw	29'2.5"
				Arik Cain	25'5"
				Thomas Sanders	23'2.5"
	LEESVILLE ROAD-	103		Wakefield-	80
	Wakefield-	40		LEESVILLE ROAD-	66

**WAKE COUNTY CHAMPIONSHIPS  
AT PANTHER CREEK APRIL 25TH, 2009**

<b>Girls</b>			<b>Boys</b>		
<b>100m</b>					
Place	Name	Time	Place	Name	Time
4	Paige Eley	12.1			
7	Hailey Blackburn	12.68			
 <b>200m</b>					
Place	Name	Time	Place	Name	Time
2	Paige Eley	24.44	1	Johnnie Council	21.98
 <b>400m</b>					
Place	Name	Time	Place	Name	Time
3	Danielle Smith	1:01.78			
 <b>800m</b>					
Place	Name	Time	Place	Name	Time
5	Alissa Locke	2:27.61	5	Aaron Smith	2:02.62
			19	Christian Klute	2:08.21
 <b>Girls</b>					
<b>1600m</b>					
Place	Name	Time	Place	Name	Time
2	Lauren Strapp	5:21.00	3	Aaron Smith	4:31.87
			18	Bilo Hoese	4:50.75
 <b>3200m</b>					
Place	Name	Time	Place	Name	Time
4	Lauren Strapp	12:06.61	9	Will Woodhouse	10:15.79
			17	Andrew Byrum	10:50.60
 <b>100m Hurdles</b>					
Place	Name	Time	Place	Name	Time
9	Sarah Giles	16:05			
 <b>300m Hurdles</b>					
Place	Name	Time	Place	Name	Time
10	Sarah Giles	49.36			
 <b>400m Relay</b>					
Place	Name	Time	Place	Name	Time
1	Sarah Jones	49.89	7	Eric Simpson	43.79
	Hailey Blackburn			Johnnie Council	
	Paige Eley			Kevin Johnson	
	Cathy Odametey			Chase Davis	

**WAKE COUNTY CHAMPIONSHIPS  
AT PANTHER CREEK APRIL 25TH, 2009**

<b>Girls</b>			<b>Boys</b>		
<b>800m Relay</b>			<b>800m Relay</b>		
Place	Name	Time	Place	Name	Time
DQ	Sarah Jones	DQ	DNR	Eric Simpson	DNR
	Hailey Blackburn			Chase Davis	
	Paige Eley			Kevin Johnson	
	Danielle Smith			Johnnie Council	
<b>1600m Relay</b>			<b>1600m Relay</b>		
Place	Name	Time	Place	Name	Time
DNR	Alissa Locke	DNR	5	Bo Burns	3:33.52
	Danille Smith			Chase Davis	
	Sarah Giles			Chris Smith	
	Kaitlyn Quirk			Eric Simpson	
<b>3200m Relay</b>			<b>3200m Relay</b>		
Place	Name	Time	Place	Name	Time
10	Alissa Locke	10:32.17	7	Bo Burns	8:22.60
	Hope Hering			Pierce Fussell	
	Allison Jones			Aaron Smith	
	Lauren Strapp			Christian Klute	
<b>Long Jump</b>			<b>Long Jump</b>		
Place	Name	Distance	Place	Name	Distance
3	Hailey Blackburn	16'0"	12	Chase Davis	19'1"
6	Breana Staves	15'3"			
<b>Triple Jump</b>			<b>Triple Jump</b>		
Place	Name	Distance	Place	Name	Distance
5	Breana Staves	33'9"	3	Johnnie Council	43'10"
<b>Girls High Jump</b>			<b>Boys High Jump</b>		
Place	Name	Height	Place	Name	Height
2	Breana Staves	5'2"			
<b>Pole Vault</b>			<b>Pole Vault</b>		
Place	Name	Height	Place	Name	Height
12	Stephanie Williams	8'0"	6	Peter Ficalora	12'0"
			<b>Shot Put</b>		
			Place	Name	Distance
			13	Nate Wooten	40'10.5"
			<b>Discus</b>		
			Place	Name	Distance
			3	Nate Wooten	136'7"
			8	Thomas Bowers	125'3"
Leesville Road- 68pts. 3rd Place			Leesville Road- 43.5 11th Place		

LEESVILLE ROAD VS MILLBROOK  
AT MILLBROOK APRIL 29TH, 2009

<b>Girls</b>			<b>Boys</b>		
<b>100m</b>			<b>100m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	12.4	1	Johnnie Council	11
4	Sarah Jones	12.9		Michael Pham	12.8?
	Kaitlyn Quirk	13.9?		Drew Blackburn	11.9?
	Taylor Howell	13.9		DJ Smith	11.9

<b>200m</b>			<b>200m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	24.6		Eric Simpson	23.5
4	Kaitlyn Quirk	26.6		Michael Pham	24.5
				Rachmyel Elliston	24.5
				DJ Smith	25.5

<b>400m</b>			<b>400m</b>		
Place	Name	Time	Place	Name	Time
1	Danielle Smith	1:02.4	2	Chase Davis	52.1
	Jaymi Schoeney	1:09		Johnnie Council	53.6
				Leon White	54.7

<b>800m</b>			<b>800m</b>		
Place	Name	Time	Place	Name	Time
4	Hope Hering	2:44	2	Pierce Fussell	2:07.6
5	Kate Schuler	2:50	4	Christian Klute	2:10.9
				Stephan Ryan	?

<b>1600m</b>			<b>1600m</b>		
Place	Name	Time	Place	Name	Time
1	Lauren Strapp	5:16.5	1	Aaron Smith	4:37.5
	B. Glover	?	2	Andrew Byrum	4:37.6
	A. Gallegher	?	3	Bilo Hoese	4:53.4
	B. Petersen	?			
	B. Langley	?			
	M. Springer	?			

LEESVILLE ROAD VS MILLBROOK  
AT MILLBROOK APRIL 29TH, 2009

<b>Girls</b>			<b>Boys</b>		
<b>3200m</b>			<b>3200m</b>		
Place	Name	Time	Place	Name	Time
1	Lauren Strapp	11:50.6	1	Aaron Smith	10:13
	Amanda Bloemeke	13:30	2	Will Woodhouse	10:25
	Bri Marino	14:24	3	Jared Dix	10:46
	Kiera Quinn	14:24			
<b>100m Hurdles</b>			<b>110m Hurdles</b>		
Place	Name	Time	Place	Name	Time
2	Sarah Giles	15.9	2	Ryan Mangum	15.4
4	Moe Kolawole	18.2	3	Josh Mabellos	18.9
<b>300m Hurdles</b>			<b>300m Hurdles</b>		
Place	Name	Time	Place	Name	Time
2	Sarah Giles	46.8	1	Ryan Mangum	41.7
			4	Josh Mabellos	44.7
<b>3200m Relay</b>			<b>3200m Relay</b>		
Place	Name	Time	Place	Name	Time
2	Danielle Smith	10:59	2	Bo Burns	8:26
	Hope Hering			Aaron Smith	
	Kate Schuler			Pierce Fussell	
	Allison Jones			Christian Klute	
<b>400m Relay</b>			<b>400m Relay</b>		
Place	Name	Time	Place	Name	Time
2	Sarah Jones	50.4		No Team	
	Hailey Blackburn				
	Paige Eley				
	Cathy Odametey				
<b>800m Relay</b>			<b>800m Relay</b>		
Place	Name	Time	Place	Name	Time
2	Sarah Jones	1:45.3		No Team	
	Kaitlyn Quirk				
	Cathy Odametey				
	Paige Eley				
<b>1600m Relay</b>			<b>1600m Relay</b>		
Place	Name	Time	Place	Name	Time
2	Danille Smith	4:20.2	2	Chris Smith	3:38
	Kaitlyn Quirk			Ryan Mangum	
	Taylor Howell			Chase Davis	
	Paige Eley			Eric Simpson	

LEESVILLE ROAD VS MILLBROOK  
AT MILLBROOK APRIL 29TH, 2009

<b>Girls</b>			<b>Boys</b>		
<b>Long Jump</b>			<b>Long Jump</b>		
Place	Name	Distance	Place	Name	Distance
1	Hailey Blackburn	15'11"	2	Chase Davis	19'10"
2	Thaila St. Lott	15'9"		Johnnie Council	19'1.5"
3	Breana Staves	15'3"		Leon White	16'8"
	Sarah Jones	14'10.25"			
	C. Wallace	11'8"			

<b>Triple Jump</b>			<b>Triple Jump</b>		
Place	Name	Distance	Place	Name	Distance
1	Breana Staves	32'	1	Johnnie Council	41'8"
2	Thaila St. Lott	30'7"		Cameron Whitson	38'9"
				Leon White	34'4"

<b>High Jump</b>			<b>High Jump</b>		
Place	Name	Height	Place	Name	Height
1	Breana Staves	5'	2	Rachmyel Elliston	5'6"
3	Thaila St. Lott	4'10"	3	Daniel McElveen	5'6"

<b>Pole Vault</b>			<b>Pole Vault</b>		
Place	Name	Height	Place	Name	Height
4	Marion Schell	7'6"	4	Vann Fussell	9'
5	Stephanie Williams	7'6"			
6	Kelsey Anderson	7'6"			

<b>Discus</b>			<b>Discus</b>		
Place	Name	Distance	Place	Name	Distance
1	Megan Pendergraft	75'10"	1	Thomas Bowers	119'6"
	Dana Verhoeven	57'2"	3	Matt Greenhaw	95'11"
	Katrina Williams	52'1.5"		Arik Cain	61'2.5"
	Schayla Hopkins	50'11"		Thomas Sanders	53'6.5"

<b>Shot Put</b>			<b>Shot Put</b>		
Place	Name	Distance	Place	Name	Distance
2	Schayla Hopkins	27'9"	1	Nate Wooten	42'3.75"
	Dana Verhoeven	23'2"	2	Kevin Johnson	38'10.75"
	Megan Pendergraft	21'5"		Daniel McElveen	33'4.5"
	Katrina Williams	18'7"		Matt Greenhaw	31'3"
				Thomas Bowers	32'3.5"
				Arik Cain	27'
				Thomas Sanders	22'10.5"

Millbrook- 84  
Leesville Rd.- 63

Millbrook- 78  
Leesville Rd.- 67

CAP-7 Conference Championships  
AT Sanderson May 6th, 2009

<b>Girls</b>			<b>Boys</b>		
<b>100m</b>			<b>100m</b>		
Place	Name	Time	Place	Name	Time
1	Paige Eley	11.9	4	Johnnie Council	11.1
3	Hailey Blackburn	12.5		Kevin Johnson	?
<b>200m</b>			<b>200m</b>		
Place	Name	Time	Place	Name	Time
2	Paige Eley	24.3	5	Johnnie Council	22.8
6	Sarah Jones	26.5		David Lowery	?
<b>400m</b>			<b>400m</b>		
Place	Name	Time	Place	Name	Time
4	Danielle Smith	1:01.9			
7	Kaitlyn Quirk	01:03.4			
<b>800m</b>			<b>800m</b>		
Place	Name	Time	Place	Name	Time
	Allison Jones	?		Christian Klute	?
	Hope Hering	?		Pierce Fussell	?
	Kate Sculer	?			
<b>1600m</b>			<b>1600m</b>		
Place	Name	Time	Place	Name	Time
3	Lauren Strapp	5:16.5		Aaron Smith	?
	Brittany Glover	?		Andrew Byrum	?
	Kiera Quinn	?		Bilo Hoese	?
<b>3200m</b>			<b>3200m</b>		
Place	Name	Time	Place	Name	Time
3	Lauren Strapp	11:43.7		Will Woodhouse	?
	Amanda Bloemke	?		Jared Dix	?
<b>100m Hurdles</b>			<b>110m Hurdles</b>		
Place	Name	Time	Place	Name	Time
4	Sarah Giles	17.6	3	Ryan Mangum	15.2
<b>300m Hurdles</b>			<b>300m Hurdles</b>		
Place	Name	Time	Place	Name	Time
3	Sarah Giles	?	2	Ryan Mangum	41.2
<b>400m Relay</b>			<b>400m Relay</b>		
Place	Name	Time	Place	Name	Time
2	Sarah Jones	49.4	5	Eric Simpson	44.8
	Hailey Blackburn			Michael Pham	
	Paige Eley			Kevin Johnson	
	Cathy Odametey			Chase Davis	
<b>800m Relay</b>			<b>800m Relay</b>		
Place	Name	Time	Place	Name	Time
1	Sarah Jones	1:44.4	2	Eric Simpson	1:30.5
	Hailey Blackburn			David Lowery	
	Paige Eley			Kevin Johnson	
	Danielle Smith			Johnnie Council	

CAP-7 Conference Championships  
at Sanderson, May 6<sup>th</sup> 2009

<b>Girls</b>			<b>Boys</b>		
<b>1600m Relay</b>			<b>1600m Relay</b>		
Place	Name	Time	Place	Name	Time
6	Breana Staves Danille Smith Sarah Giles Kaitlyn Quirk	4:18.9	4	Bo Burns Chase Davis Ryan Mangum Kevin Johnson	3:28.9
<b>3200m Relay</b>			<b>3200m Relay</b>		
Place	Name	Time	Place	Name	Time
6	Kate Schuler Hope Hering Allison Jones Danielle Smith	10:51.4	4	Bo Burns Pierce Fussell Aaron Smith Christian Klute	8:19.
<b>Long Jump</b>			<b>Long Jump</b>		
Place	Name	Distance	Place	Name	Distance
2	Breana Staves	15'9.75"	2	Chase Davis	21'3.5"
7	Hailey Blackburn	14'6.5"		Leon White	?
<b>Triple Jump</b>			<b>Triple Jump</b>		
Place	Name	Distance	Place	Name	Distance
3	Breana Staves	33'	3	Johnnie Council	43'.5"
<b>High Jump</b>			<b>High Jump</b>		
Place	Name	Height	Place	Name	Height
1	Breana Staves	5'2"		Rachymel Elliston	?
5	Thaila St. Lott	4'8"		Daniel McElveen	?
				Justin Page	?
<b>Pole Vault</b>			<b>Pole Vault</b>		
Place	Name	Height	Place	Name	Height
5	Kelsey Anderson Stephanie Williams	8'0" ?	3	Peter Ficalora	11'
			5	Josh Kunesh Vann Fussell	10' ?
<b>Shot Put</b>			<b>Shot Put</b>		
Place	Name	Distance	Place	Name	Distance
7	Schayla Hopkins Megan Pendergraft	27'9" ?		Nate Wooten	?
				Carson Moss	?
				Thomas Bowers	?
<b>Discus</b>			<b>Discus</b>		
Place	Name	Distance	Place	Name	Distance
	Megan Pendergraft Schayla Hopkins	? ?	2	Nate Wooten	129'4"
			6	Thomas Bowers Carson Moss	122'6" ?
1	Millbrook	113	1	Broughton	124
2	Leesville Road	102	2	Sanderson	103
3	Enloe	101	3	Wakefield	101
4	Sanderson	89	4	Enloe	82
5	Wakefield	70	5	Leesville Road	65
6	Broughton	53	6	Millbrook	50
7	Wake Forest Rolesville	26	7	Wake Forest Rolesville	33

4-A Mid East Regionals  
AT Panther Creek May 16th, 2009

<b>Girls</b>			<b>Boys</b>		
<b>100m</b>					
Place	Name	Time	Place	Name	Time
1	Paige Eley Hailey Blackburn	12			
<b>200m</b>					
Place	Name	Time	Place	Name	Time
2	Paige Eley	24.47	4	Johnnie Council	22.44
<b>400m</b>					
Place	Name	Time	Place	Name	Time
	Danielle Smith				
<b>800m</b>					
Place	Name	Time	Place	Name	Time
<b>1600m</b>					
Place	Name	Time	Place	Name	Time
3	Lauren Strapp	5:16.15	7	Aaron Smith	4:32.90
<b>3200m</b>					
Place	Name	Time	Place	Name	Time
1	Lauren Strapp	10:29.12	10	Aaron Smith	10:10.67
			16	Andrew Byrum	10:25.75
<b>100m Hurdles</b>					
Place	Name	Time	Place	Name	Time
8	Sarah Giles	15.77			
<b>300m Hurdles</b>					
Place	Name	Time	Place	Name	Time
	Sarah Giles		6	Ryan Mangum	40.67
<b>400m Relay</b>					
Place	Name	Time	Place	Name	Time
3	Sarah Jones Hailey Blackburn Paige Eley Cathy Odametey	49.62			
<b>800m Relay</b>					
Place	Name	Time	Place	Name	Time
2	Sarah Jones Hailey Blackburn Paige Eley Kaitlyn Quirk	1:43.76	5	Eric Simpson David Lowery Kevin Johnson Johnnie Council	1:29.92

4-A Mid East Regionals  
AT Panther Creek May 16th, 2009

<b>GIRLS</b>			<b>BOYS</b>		
<b>1600m Relay</b>			<b>1600m Relay</b>		
Place	Name	Time	Place	Name	Time
11	Breana Staves Danille Smith Sarah Giles Kaitlyn Quirk	4:22.01	8	Bo Burns Chase Davis Ryan Mangum Kevin Johnson	3:35.18
<b>3200m Relay</b>			<b>3200m Relay</b>		
Place	Name	Time	Place	Name	Time
			8	Andrew Byrum Pierce Fussell Aaron Smith Christian Klute	8:22.47
<b>Long Jump</b>			<b>Long Jump</b>		
Place	Name	Distance	Place	Name	Distance
7	Hailey Blackburn	15'8.5"			
<b>Triple Jump</b>			<b>Triple Jump</b>		
Place	Name	Distance	Place	Name	Distance
6	Breana Staves	34'	4	Johnnie Council	42'10"
<b>High Jump</b>			<b>High Jump</b>		
Place	Name	Height	Place	Name	Height
9	Breana Staves	5'			
<b>Pole Vault</b>			<b>Pole Vault</b>		
Place	Name	Height	Place	Name	Height
	Kelsey Anderson	NH	7	Peter Ficalora	12'
	Stephanie Williams	NH	12	Josh Kunesh	11'
<b>Shot Put</b>			<b>Shot Put</b>		
Place	Name	Distance	Place	Name	Distance
			10	Nate Wooten	123'3"
<b>Discus</b>			<b>Discus</b>		
Place	Name	Distance	Place	Name	Distance
			2	Nate Wooten	129'4"

<b>TEAM SCORES</b>			<b>TEAM SCORES</b>		
1	Jordan	88	1	New Bern	84
2	Millbrook	55	2	Southern Durham	63
3	Leesville Rd.	52	3	Broughton	56.33
			4	Green Hope	53.5
			5	Cary	51
			5	JH Rose	51
			7	Chapel Hill	49
			8	Wakefield	37
			9	Apex	35.33
			10	Sanderson	32
			11	Northern Durham	30
			12	Leesville Road	24

4-A State Championships  
AT North Carolina A&T University May 23rd, 2009

<b>Girls</b>			<b>Boys</b>		
<b>100m</b>			<b>200m</b>		
Place	Name	Time	Place	Name	Time
7	Paige Eley	12.26	8	Johnnie Council	22.27
<b>200m</b>			<b>Triple Jump</b>		
Place	Name	Time	Place	Name	Time
3	Paige Eley	24.59	15	Johnnie Council	40'10"
<b>1600m</b>					
Place	Name	Time			
7	Lauren Strapp	5:12.86			
<b>3200m</b>					
Place	Name	Time			
3	Lauren Strapp	11:19.65			
<b>400m Relay</b>					
Place	Name	Time			
7	Sarah Jones Hailey Blackburn Paige Eley Cathy Odametey	49.42			
<b>800m Relay</b>					
Place	Name	Time			
5	Sarah Jones Hailey Blackburn Paige Eley Kaitlyn Quirk	1:42.91			

10th Place with 22pts

# Leesville Road High School Indoor Track & Field

## Indoor State Championship Qualifiers

Athletes will be competing at the N.C. Indoor Track & Field Championships  
at UNC-Chapel Hill on February 14<sup>th</sup>, 2009

### Boys:

1600m Run:	Brian Jackson-	4:37.6
3200m Run:	Andrew Byrum-	10:01.7
	Aaron Smith-	10:14.2
	Will Woodhouse-	10:15.8
3200m Relay:	8:42.2	
	Aaron Smith, Andrew Byrum, Brian Jackson, Christian Klute	
1600m Relay:	3:34.2	
	Eric Simpson, Bo Burns, Alan Evans, Ryan Mangum	

### Girls:

55m Dash:	Paige Eley-	7.1
55m Hurdles:	Sarah Giles-	8.7
300m Dash:	Paige Eley-	41.5
1000m Run:	Lauren Strapp-	3:15.8
	Alissa Locke-	3:20.8
1600m Run:	Lauren Strapp-	5:18.6
3200m Run:	Lauren Strapp-	11:35
3200m Relay:	10:42	
	Lauren Strapp, Alissa Locke Kate Schuler, Hope Hering	
1600m Relay:	4:14.2	
	Alissa Locke, Kaitlyn Quirk Paige Eley, Sarah Giles	
High Jump:	Breana Staves-	5'4"

# Leesville Road High School Indoor Track & Field

## 4-A State Championship Results Feb. 14<sup>th</sup>, 2009 @ UNC- Chapel Hill

### Girls:

55m Dash- Paige Eley: 12<sup>th</sup> – 7.43

300m Dash- Paige Eley: 10<sup>th</sup> – 41.42

55m Hurdles- Sarah Giles: 9<sup>th</sup> – 8.98

1000m- Alissa Locke: 15<sup>th</sup> – 3:21.23

1600m- Lauren Strapp: 8<sup>th</sup> – 5:28.96

3200m- Lauren Strapp: 9<sup>th</sup> – 11:51.12

High Jump- Breana Staves: 4<sup>th</sup> – 5'2"

1600m Relay- 13<sup>th</sup> – 4:15.09 Alissa Locke, Paige Eley, Sarah Giles, Kaitlyn Quirk

### Boys:

1600m- Brian Jackson: 9<sup>th</sup> – 4:40.28

3200m- Aaron Smith: 17<sup>th</sup> – 10:12.63

Will Woodhouse: 20<sup>th</sup> – 10:26.65

1600m Relay- 15<sup>th</sup> – 3:38.26 Eric Simpson, Bo Burns, Alan Evans, Ryan Mangum