



## Leesville Road High School 2011 Cross Country Team

Behrends, Tyler  
Berwick, Craig  
Bigelow, Steven  
Bloemeke, Michael  
Boatman, Alex  
Boatman, Nick  
Bullerwell, Lance  
Byrum, Andrew  
Conrad, Matt  
DeJoya, Jared  
DeJoya, Josh  
Dunsworth, Kodiak  
Ellerby, Carson  
Elshof, Teddy  
Fajardo, Marco  
Glass, Tyler  
Johnston, Ian  
Marino, Peter  
Przybyla, Grant  
Purich, Nate  
Quinn, Ryan  
Rathke, Kyle  
Sarakbi, Sam  
Schuler, David  
Simpson, Victor  
Strapp, Anthony  
Tyner, Ben  
Zoltek, Alex

Barnes, Morgan  
Bigelow, Sarah  
Davis, Abby  
Echols, Emily  
Gallagher, Allie  
Hering, Lane  
Hicks, Meredith  
Hill, Laura  
Holmes, Courtney  
Ingle, Cassidi  
Johnston, Tegan  
Lisowe, Laura  
Mareno, Jordan  
Marino, Bri  
McGuire, Megan  
Mehlman, Sarah  
Merdes, Jessica  
Phillips, Rachel  
Putnam, Emily  
Quinn, Kiera  
Rea, Haley  
Robson, Courtney  
Stempien, Kaitlyn  
Stephens, Alex  
Vlanich, Nicole  
Walczyk, Claire  
Wood, Alyssa

Head Coach: Mark McLamb

# Leesville Road High School

8409 Leesville Road

Raleigh, NC 27613

Phone: 870-4250

Fax: 870-4287

Principal: Scott Lyons

Athletic Director: Jack Rogers

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## 2011 Cross Country Schedule

<u>Date</u>	<u>Opponent</u>	<u>Location/Time</u>
Sat. – Aug. 20 <sup>th</sup>	Kickoff Classic (3k)	WakeMed Soccer Park / 8:00am
Wed. – Aug. 24 <sup>th</sup>	Apex/Cary/Cardinal Gibbons (3k)	WakeMed Soccer Park / 6pm
Sat. – Aug. 27 <sup>th</sup>	Providence XC Invite	McAlpine Park / 10am
Wed. – Aug. 31 <sup>st</sup>	Enloe (3k)	Leesville / 6pm
Sat. – Sept. 3 <sup>rd</sup>	Jungle Run	South View HS / 6:15pm
Wed. – Sept. 7 <sup>th</sup>	Broughton/Cardinal Gibbons	WakeMed Soccer Park / 5pm
Sat. – Sept. 10 <sup>th</sup>	Seahawk Invitational	UNC-Wilmington / am
Wed. – Sept. 14 <sup>th</sup>	Wakefield	Leesville / 5pm
Wed. – Sept. 21 <sup>st</sup>	Sanderson	Sanderson/ 5pm
Wed. – Sept. 28 <sup>th</sup>	Millbrook	Leesville / 5pm
Sat. – Oct. 1 <sup>st</sup>	Great American XC Festival	WakeMed Soccer Park / am
Wed. – Oct. 5 <sup>th</sup>	Heritage	Leesville / 5pm
Sat. – Oct. 8 <sup>th</sup>	4-Runners Only Invitational	Beeson Park / 10am
Wed. – Oct. 12 <sup>th</sup>	Wake Forest Rolesville, Heritage, & Wakefield	WFR / 5pm
Tues. – Oct. 18 <sup>th</sup>	CAP-8 Championship Meet	WakeMed Soccer Park / TBA
Sat. – Oct. 29 <sup>th</sup>	4-A Mid East Regionals	WakeMed Soccer Park / 10am
Sat. – Nov. 5 <sup>th</sup>	4-A State Championship Meet	Beeson Park, Kernersville/ TBA



Leesville Road High School

2011 Cross Country

Boys' Race Times: **BOLD**=Top 7 in that race, UNDERLINE=Best time for this year

	3k <b>Kickoff</b>	3k <b>C.A.CG</b>	5k <b>Providen</b>	3k <b>Enloe</b>	<5k <b>Jungle</b>	5k <b>Brough</b>	5k <b>UNCW</b>	5k <b>Wakefie</b>	5k <b>Sander</b>	5k <b>Millbro</b>	5k <b>GAXC</b>	5k <b>Heritage</b>	5k <b>Beeson</b>	5k <b>WFR</b>	5k <b>Conf.</b>
Behrends, T		11:31		11:32		<b>18:50</b>		<b>20:50</b>			19:02	21:40	<u>18:20</u>	19:12	18:41
Berwick, C		14:55		14:35	25:07	26:47		29:07		27:25	<u>24:09</u>	25:59		25:35	24:12
Bigelow, S	11:19	11:28	21:08	11:50	18:59		20:12	21:05	20:01	20:35		21:33	18:16	<b>18:32</b>	<b>18:21</b>
Bloemeke, M	11:51	11:54		11:22	18:23		18:39	<b>20:33</b>	<b>19:12</b>	20:09	<u>18:06</u>	<b>21:10</b>	18:51	19:43	19:59
Boatman, A	11:11	<b>11:01</b>	<b>18:55</b>	<b>11:06</b>			18:39	20:59	19:49	<b>19:42</b>	<b>18:01</b>	21:29	<u>17:50</u>	<b>18:47</b>	18:45
Boatman, N	11:20	<b>11:01</b>	18:56	11:16			18:36	21:07	19:49	20:09		21:40	<u>17:52</u>	<b>18:55</b>	18:45
Bullerwell, L	<b>10:44</b>		<b>18:16</b>	<b>10:40</b>	<u>17:32</u>		<b>18:05</b>	21:01					18:08	20:11	<b>18:35</b>
Byrum, A	<b>10:13</b>		<b>17:42</b>	<b>10:54</b>			<b>18:24</b>	21:04	<b>18:50</b>	<b>20:02</b>	<b>17:34</b>	<b>19:21</b>	<u>17:08</u>	<b>17:51</b>	<b>18:00</b>
Conrad, M						<u>20:35</u>		21:25							
DeJoya, Ja	12:10	12:17		12:51	20:33	21:44		22:14	21:51		20:22	22:04		21:45	<u>20:07</u>
DeJoya, Jo	<b>11:08</b>	<b>11:16</b>	19:30	11:37	<u>18:52</u>		19:09	20:50		21:49					
Dunsworth,		12:41		12:45	<u>20:43</u>	22:23		23:12		23:21	21:02	24:08		21:24	21:04
Ellerby, C	<b>10:16</b>		<b>17:45</b>	<b>10:29</b>	<b>17:25</b>		<b>17:23</b>	<b>19:40</b>	<b>18:42</b>	<b>19:06</b>	<b>17:23</b>	<b>21:12</b>	<u>17:20</u>	<b>18:22</b>	<b>17:28</b>
Elshof, T	11:15	11:35	19:11	11:33	<u>18:35</u>		19:09	<b>20:47</b>	20:42	20:53	18:44/18:58	<b>19:54</b>		19:53	18:56
Fajardo, M	11:25	<b>11:19</b>	19:22	11:38	<u>18:55</u>	<b>19:34</b>	19:16								
Glass, T	<b>10:24</b>		<b>17:53</b>	<b>10:47</b>	<u>17:20</u>		<b>17:49</b>	21:01	<b>18:17</b>	<b>19:20</b>	<b>18:01</b>	21:13	<b>17:31</b>		<b>18:34</b>
Johnston, I	12:34	12:17		12:12	20:49	22:47		22:47	21:53	21:48	<u>20:16</u>	21:29		20:58	
Marino, P	11:53	11:43		12:01	19:45	21:03	20:28	21:29	20:44	21:27	<u>19:37</u>	<b>21:06</b>		20:08	19:54
Przybyla, G	<b>10:34</b>	<b>10:49</b>	<b>17:41</b>	<b>10:50</b>	<u>17:20</u>		<b>17:49</b>	21:00	<b>18:18</b>	<b>19:16</b>	<b>17:22</b>	21:13	<b>17:32</b>		<b>18:11</b>
Purich, N	11:21		19:03	11:21	<b>18:11</b>		19:08	<b>20:23</b>	19:57	20:15	18:19	21:32	<u>17:56</u>	<b>19:02</b>	18:49
Quinn, R	12:00	12:00		11:54	19:12	<b>20:39</b>	20:48	21:23	20:19	21:28	<u>19:05</u>	<b>20:22</b>		19:58	19:36
Rennert, S		13:29		12:55		24:04		24:41							
Rathke, K	11:25	11:33		11:41		<b>20:47</b>		21:10	20:33	20:59	<u>19:09</u>	<b>20:49</b>		20:03	19:45
Sarakbi, S							<u>17:51</u>	<b>20:24</b>	<b>18:37</b>	<b>19:49</b>					
Schuler, D	11:38	<b>11:15</b>		12:10	19:47	<b>20:31</b>	18:47	21:09	20:19	20:46	<u>18:11</u>		18:28		19:47
Simpson, V	11:19	<b>11:11</b>	19:13	11:20	19:13	<b>20:33</b>	19:08	<b>20:34</b>	19:56	21:24	19:00	22:06	<u>18:28</u>	19:30	19:13
Strapp, A			<b>18:08</b>		<b>18:04</b>		<b>18:20</b>	20:56	<b>18:54</b>	<b>19:22</b>	<b>17:23</b>	21:40	<u>17:20</u>		<b>18:15</b>
Tyner, B	<b>10:39</b>		18:58	<b>11:06</b>	<u>18:01</u>		18:34	20:56	19:16	20:20	18:07	21:59	18:21	<b>18:49</b>	18:44
Zoltek, A	12:20	12:04		12:17		21:11		21:34	20:47	21:56	20:16	23:08		20:03	<u>19:55</u>

**Region**

Bigelow, S.	<b>18:14</b>
Bullerwell, L.	<b>18:13</b>
Byrum, A.	<b>17:30</b>
Ellerby, C.	<b>17:50</b>
Glass, T.	<b>17:52</b>
Przybyla, G.	<b>17:42</b>
Strapp, A.	<b>17:39</b>

Leesville Road High School

2011 Cross Country

Girls' Race Times: **BOLD**=Top 7 in that race, UNDERLINE=Best time for this year

	3k <b>Kickoff</b>	3k <b>C.A.CG</b>	5k <b>Providen</b>	3k <b>Enloe</b>	<5k <b>Jungle</b>	5k <b>Brough</b>	5k <b>UNCW</b>	5k <b>Wakefie</b>	5k <b>Sander</b>	5k <b>Millbro</b>	5k <b>GAXC</b>	5k <b>Heritage</b>	5k <b>Beeson</b>	5k <b>WFR</b>	5k <b>Conf.</b>
Barnes, M	13:07	<b>13:19</b>	23:17	<b>13:12</b>	<u>22:06</u>		<b>22:20</b>	25:39	22:37					23:13	22:45
Bigelow, S	<b>12:49</b>		<b>21:43</b>	<b>13:01</b>	<u>20:53</u>		<b>21:48</b>	<b>24:42</b>	<b>22:07</b>	<b>23:15</b>	<b>21:02</b>	27:45	<b>21:08</b>	<b>21:57</b>	<b>21:05</b>
Davis, A	<b>11:56</b>		<b>20:18</b>	<b>12:33</b>				<b>24:10</b>	<b>20:48</b>	<b>22:22</b>	<u>19:53</u>	27:46	<b>20:04</b>	<b>20:51</b>	<b>19:54</b>
Echols, E	13:48	14:05		13:57		<b>24:15</b>	23:56	25:25	24:03	25:45	<u>22:52</u>	27:47	23:11	25:20	25:10
Gallagher, A	<b>12:31</b>		<b>21:14</b>	<b>12:59</b>			23:10	<b>23:53</b>	<b>22:20</b>	24:38		27:43	<u>21:04</u>	22:55	
Hering, L	14:03	14:08		14:30	23:11	<b>24:48</b>	26:29	26:28	23:49	26:31	<u>21:56</u>	<b>24:30</b>		23:13	23:23
Hicks, M	<b>12:54</b>		22:59	<b>13:10</b>	<u>21:08</u>		<b>21:45</b>	24:57	<b>22:27</b>	<b>23:48</b>	<b>21:41</b>	<b>26:38</b>	21:23/22:04	<b>22:20</b>	<b>21:48</b>
Hill, L		17:01		17:58		<u>29:37</u>		32:21							
Holmes, C	14:08	14:02		14:21	23:34	<b>24:40</b>	24:09	25:49	24:28	25:49	<u>23:14</u>	<b>25:23</b>		24:59	24:18
Ingle, C	14:02	13:54		14:01		<b>23:51</b>	23:28	25:15	24:00	25:26	<u>23:05</u>	<b>24:49</b>			23:57
Johnston, T											23:20			23:38	<u>22:56</u>
Lisowe, L	13:20	<b>13:12</b>	23:11	13:41	22:44		<b>22:28</b>	26:28	23:37	24:44	22:46	<b>23:25</b>		22:59	<u>22:10</u>
Mareno, J	13:28	<b>13:22</b>	23:07	13:24	21:46		22:31	<b>24:44</b>	<b>22:27</b>	<b>22:58</b>	<b>21:19</b>	27:46	<b>21:10</b>	<b>21:56</b>	<b>21:16</b>
Marino, B	14:08	13:58		14:19	23:29	<b>24:30</b>	23:58	25:47	24:08	25:47	<u>23:23</u>	<b>24:59</b>		23:59	23:43
McGuire, M	13:36	<b>13:22</b>	23:14	13:37	<u>21:26</u>		<b>21:55</b>	24:45			22:41				
Mehlman, S	13:10	<b>13:22</b>	22:59	13:55	<u>22:19</u>		22:47	24:58	23:40	24:58	22:22	27:44	22:26	23:29	22:43
Merdes, J	13:41		24:28	14:39	23:41	<b>24:05</b>	22:57	26:29	25:08	25:45	21:48	27:45	<u>21:42</u>	25:03	25:21
Phillips, R	13:17	<b>13:16</b>	22:59	13:57	<u>22:22</u>		24:19	<b>24:42</b>	23:56	30:09					
Putnam, E	<b>12:26</b>		<b>21:14</b>	<b>12:44</b>	<u>20:32</u>		<b>21:23</b>	<b>24:10</b>	<b>21:36</b>	<b>23:26</b>	<b>21:45</b>	27:47	<b>20:51</b>	<b>22:07</b>	
Quinn, K	<b>12:33</b>		<b>21:34</b>	13:13	<u>20:53</u>		22:58	24:45	23:21	<b>24:15</b>	<b>21:15</b>	27:42	21:44	<b>22:36</b>	<b>21:19</b>
Rea, H		14:37		14:57		29:12		32:21		27:07	24:21	30:45	<u>23:37</u>	24:39	24:10
Robson, C	13:18	<b>13:00</b>	<b>22:53</b>	13:47	<u>21:42</u>		23:15	25:19	25:52			27:48	21:47	<b>22:25</b>	23:55
Stempien, K	<b>12:16</b>		<b>21:51</b>	<b>12:34</b>	<b>20:39</b>		<b>21:04</b>	<b>24:04</b>	<b>21:29</b>	<b>23:02</b>	<b>20:48</b>	27:43	<u>20:13</u>	22:47	<b>22:28</b>
Stephens, A	14:16	13:44		14:36	23:12	<b>24:00</b>	23:42	26:09	25:53	26:22		30:45	<u>22:41</u>	24:51	22:53
Vlanich, N	14:50	15:25				26:32						<b>26:15</b>		25:49	<u>25:15</u>
Walczyk, C	14:19	14:49		15:52		26:50		28:30		30:26				<u>26:16</u>	26:20
Wood, A		16:20		16:09	<u>26:34</u>	27:46		30:31			29:52			28:31	29:33

**Region**

Bigelow, S.	<b>21:05</b>
Davis, A.	<b>20:04</b>
Hicks, M.	<b>22:24</b>
Mareno, J.	<u>21:06</u>
Putnam, E.	<b>21:04</b>
Quinn, K.	<b>21:09</b>
Stempien, K.	<b>20:34</b>

# Leesville Road High School

## 2011 Cross Country

### TOP 10

### 3k Runners of 2011

#### Girls

1. Abby Davis	11:56
2. Kaitlyn Stempien	12:16
3. Emily Putnam	12:26
4. Allie Gallagher	12:31
5. Kiera Quinn	12:33
6. Sarah Bigelow	12:49
7. Meredith Hicks	12:54
8. Morgan Barnes	13:07
9. Megan McGuire	13:10
10. Rachel Phillips	13:17

#### Boys

1. Andrew Byrum	10:13
2. Carson Ellerby	10:16
3. Tyler Glass	10:24
4. Grant Przybyla	10:34
5. Sam Sarakbi	10:39
5. Ben Tyner	10:39
7. Lance Bullerwell	10:40
8. Anthony Strapp	10:58
9. Alex Boatman	11:01
10. Nick Boatman	11:01

# Leesville Road High School

## 2011 Cross Country

### TOP 10

### 5k Runners of 2011

#### Girls

1. Abby Davis	19:53
2. Kaitlyn Stempien	20:13
3. Emily Putnam	20:32
4. Sarah Bigelow	20:53
4. Kiera Quinn	20:53
6. Allie Gallagher	21:04
7. Jordan Mareno	21:06
8. Meredith Hicks	21:08
9. Megan McGuire	21:26
10. Courtney Robson	21:42
10. Jessica Merdes	21:42

#### Boys

1. Andrew Byrum	17:08
2. Grant Przybyla	17:20
2. Tyler Glass	17:20
2. Anthony Strapp	17:20
2. Carson Ellbery	17:20
6. Lance Bullerwell	17:32
7. Alex Boatman	17:50
8. Sam Sarakbi	17:51
9. Nick Boatman	17:52
10. Nate Purich	17:56

## **First Team All-Conference**

Abby Davis- 6<sup>th</sup> Place 19:54

## **2011 Runners on the TOP 25 List**

15<sup>th</sup> – Abby Davis: 19:53 in 2011

21<sup>st</sup> – Kaitlyn Stempien: 20:13 in 2011

8<sup>th</sup> – Andrew Byrum: 15:58 in 2009

16<sup>th</sup> – Sam Sarakbi: 16:20 in 2010

# Bay Six Kickoff Classic

## WakeMed Soccer Park

### Saturday, August 20<sup>th</sup>, 2011

#### Girls' Results

##### 9<sup>th</sup>/10<sup>th</sup> Grade Race:

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
13 <sup>th</sup>	Sarah Bigelow	12:49
22 <sup>nd</sup>	Morgan Barnes	13:07
24 <sup>th</sup>	Courtney Robson	13:18
25 <sup>th</sup>	Laura Lisowe	13:20
33 <sup>rd</sup>	Jordan Mareno	13:28
39 <sup>th</sup>	Megan McGuire	13:36
44 <sup>th</sup>	Emily Echols	13:48
56 <sup>th</sup>	Alex Stephens	14:16
58 <sup>th</sup>	Claire Walczyk	14:19

#### Boys' Results

##### 9<sup>th</sup>/10<sup>th</sup> Grade Race:

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
6 <sup>th</sup>	Carson Ellerby	10:16
19 <sup>th</sup>	Lance Bullerwell	10:44
27 <sup>th</sup>	Josh De Joya	11:08
28 <sup>th</sup>	Alex Boatman	11:11
33 <sup>rd</sup>	Victor Simpson	11:19
35 <sup>th</sup>	Nick Boatman	11:20
36 <sup>th</sup>	Nate Purich	11:21
39 <sup>th</sup>	Kyle Rathke	11:25
52 <sup>nd</sup>	David Schuler	11:38
58 <sup>th</sup>	Michael Bloemeke	11:51
63 <sup>rd</sup>	Peter Marino	11:53
69 <sup>th</sup>	Ryan Quinn	12:00
82 <sup>nd</sup>	Jared De Joya	12:10
89 <sup>th</sup>	Alex Zoltek	12:20
98 <sup>th</sup>	Ian Johnston	12:34

#### Girls' Results

##### 11<sup>th</sup>/12<sup>th</sup> Grade Race

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
19 <sup>th</sup>	Abby Davis	11:56
31 <sup>st</sup>	Kaitlyn Stempien	12:16
35 <sup>th</sup>	Emily Putnam	12:26
37 <sup>th</sup>	Allie Gallagher	12:31
38 <sup>th</sup>	Kiera Quinn	12:33
48 <sup>th</sup>	Meredith Hicks	12:54
54 <sup>th</sup>	Sarah Mehlman	13:10
60 <sup>th</sup>	Rachel Phillips	13:17
71 <sup>st</sup>	Jessica Merdes	13:41
88 <sup>th</sup>	Cassidi Ingle	14:02
89 <sup>th</sup>	Lane Hering	14:03
92 <sup>nd</sup>	Courtney Holmes	14:08
93 <sup>rd</sup>	Bri Marino	14:08
108 <sup>th</sup>	Nicole Vlanich	14:50

#### Boys' Results

##### 11<sup>th</sup>/12<sup>th</sup> Grade Race

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
26 <sup>th</sup>	Andrew Byrum	10:13
34 <sup>th</sup>	Tyler Glass	10:24
43 <sup>rd</sup>	Grant Przybyla	10:34
48 <sup>th</sup>	Ben Tyner	10:39
94 <sup>th</sup>	Teddy Elshof	11:15
101 <sup>st</sup>	Steven Bigelow	11:19
104 <sup>th</sup>	Marco Fajardo	11:25

**Apex vs. Cardinal Gibbons, Cary, Leesville Road**

**Site:** 3000 meters at WakeMed Park      **Weather:** sunny and 91 degrees

**Date:** 8/24/11

Score:	Apex	CG	Cary	LR	
	30	35	101	85	

**GIRLS**

Place	Adj. PI	Name	Team	Time		Place	Adj. PI	Name	Team	Time
1		J.Moser	A	12.05		31		A.Stephens	L	13.44
2		C.Goudreau	A	12.14		32		E.Wu	C	13.45
3		M.Rawls	C	12.21		33		K.Razka	CG	13.46
4		R.Bartolomeo	CG	12.25		34		H.Ferguson	A	13.51
5		A.Wiggenhorn	CG	12.26		35		C.Dezwan	CG	13.51
6		C.Hollister	CG	12.3		36		M.Rosenburg	C	13.52
7		I.Hart	CG	12.35		37		D. Castrodale	A	13.52
8		V. Lyer	A	12.4		38		C.Ingle	L	13.54
9		A.Blanton	A	12.41		39		B.Marino	L	13.58
10		L.Forte	A	12.5		40		J.Hollis	A	13.59
11		A.Collins	A	12.52		41		K.Cooke	A	14.01
12		C.Robson	L	13		42		K.Owens	C	14.02
13		A.Baric	CG	13.05		43		C.Holmes	L	14.02
14		K.Baker	CG	13.08		44		R. Arneson	C	14.03
15		K.Johnson	A	13.11		45		E.Echols	L	14.05
16		L.Lisowe	L	13.12		46		N. Ghan	A	14.07
17		M.Creamer	A	13.13		47		L. Hering	L	14.08
18		M.O`Niel	CG	13.14		48		A.Holmes	A	14.1
19		R.Phillips	L	13.16		49		S.Malone	A	14.14
20		M.Barnes	L	13.19		50		K.Stanton	A	14.16
21		S.Mehlman	L	13.22		51		A.Rawls	C	14.18
22		M.McGuire	L	13.22		52		A.Scott	CG	14.19
23		J.Mareno	L	13.22		53		W.Bell	C	14.35
24		S.Wilt	A	13.25		54		H.Rae	L	14.37
25		S.Warner	C	13.33		55		L.Huger	CG	14.37
26		K.Burnet	A	13.34		56		K.Sobel	CG	14.41
27		L.Dowling	CG	13.35		57		G. Fiorentino	A	14.45
28		S.Todd	CG	13.38		58		V.O`Niel	CG	14.46
29		R. Jones	A	13.4		59		C.Walczyk	L	14.49
30		M. Hinks	A	13.41		60		K.Gibbons	CG	14.51

**Apex vs. Cardinal Gibbons, Cary, Leesville Road**

**sunny and 91 degrees**

**Site: 3000 meters at WakeMed Park**

**Weather:**

**Date: 8/24/11**

Place	Adj. PI	Name	Team	Time		Place	Adj. PI	Name	Team	Time
61		L.Colwell	A	14.55		101		C.Branam	C	17.09
62		K.Tsai	A	14.56		102		L.Hill	L	17.1
63		S.Hoffert	C	14.56		103		A.Geiger	A	17.18
64		R.Gruebel	CG	14.56		104		L.Roberson	C	17.18
65		G.Baker	A	14.57		105		J.Dorrier	C	17.31
66		A.Rodriguez	A	15		106		A.Tallyusher	CG	17.56
67		A.Bell	C	15.13		107		M.Dietrich	C	18.02
68		K.Zack	A	15.16		108		C.Mesa	A	18.21
69		M.Bromley	A	15.21		109		M.Williams	C	18.58
70		N.Vlanich	L	15.25		110		N.Falaeyssa	CG	19.18
71		T.Boddie	CG	15.26		111		A.Early	C	19.29
72		N.Gonzalez	A	15.27		112		R.Brown	C	19.32
73		K.Stanton	A	15.31		113		A.Hujar	C	20.25
74		Throckmorton	C	15.32		114		M.Muir	C	23.06
75		V. Whitmire	A	15.34		115				
76		C.Todd	CG	15.37		116				
77		A.Ramos	CG	15.37		117				
78		R. Lanzone	CG	15.41		118				
79		T.Anderson	A	15.49		119				
80		E. Galluzzo	A	15.49		120				
81		D. Rosansky	CG	15.51		121				
82		L.Carter	A	15.51		122				
83		S.Wonder	C	15.58		123				
84		J.Boland	A	15.59		124				
85		C.Lewis	A	15.59		125				
86		R. Grotheer	A	16.06		126				
87		A.Shah	A	16.06		127				
88		C. Gustasson	A	16.14		128				
89		A.Wood	L	16.2		129				
90		M.Horton	A	16.37		130				
91		K. Sholtis	A	16.38		131				
92		Brockington	A	16.39		132				
93		C.Corvin	CG	16.51		133				
94		Protazawiki	CG	16.52		134				
95		G.Guenther	A	16.54		135				
96		C.Rush	C	16.57		136				
97		R.Foote	A	17		137				
98		N.Champito	C	17.01		138				
99		C.Pope	CG	17.01		139				
100		T.Soto	A	17.08		140				

**Apex vs. Cardinal Gibbons, Cary, Leesville Road**

**Site:** 3000 meters at WakeMed Park      **Weather:** sunny and 91 degrees

**Date:** 8/24/11

Score:	Apex	CG	Cary	LR	
	2	1	11	18	
	4	3	13	20	
	5	6	14	21	
	7	8	19	23	
	12	9	22	26	
	30	27	79	108	

**BOYS**

Place	Adj. PI	Name	Team	Time		Place	Adj. PI	Name	Team	Time
1	1	Chase McCord	CG	9:52		31		Wyatt Miller	Apex	11:03
2	2	Eric Wilt	Apex	10:10		32	24	Judson MacDonald	Cary	11:03
3	3	Mark Petryka	CG	10:11		33	25	Bakri Abushouk	Cary	11:04
4	4	Danny Fredenburg	Apex	10:18		34		Abel Teclé	Cary	11:04
5	5	Jordan Kokoska	Apex	10:18		35		Trevor Rupert	Apex	11:04
6	6	Nick Davis	CG	10:20		36		Jonathan Seith	Apex	11:05
7	7	Jacob Townsend	Apex	10:20		37		Derrick Conrad	Apex	11:06
8	8	Jake Zawada	CG	10:30		38		Evan McClure	Apex	11:08
9	9	J.T. Klimex	CG	10:31		39		Spencer Colwell	Apex	11:10
10	10	Cody Nagy	CG	10:37		40	26	Victor Simpson	LR	11:11
11	11	Robel Teclé	Cary	10:38		41		Harrison Dusek	CG	11:11
12	12	Tyler Sink	Apex	10:39		42	27	David Schuler	LR	11:15
13	13	Mitch Earley	Cary	10:40		43		Danny Tomkoski	Apex	11:16
14	14	Everette Jordan	Cary	10:41		44	28	Josh DeJoya	LR	11:16
15	15	Louis Le	Apex	10:42		45		Ben Igo	CG	11:17
16	16	Jake Lay	Apex	10:44		46		Travis Tessier	Apex	11:18
17		Patrick McGinty	Apex	10:45		47		Mario Fajardo	LR	11:19
18	17	Joey Wendt	CG	10:46		48		K. Muncy-Champitto	Cary	11:21
19		J.B. Collins	CG	10:48		49		Will Hoffert	Cary	11:23
20	18	Grant Przybyla	LR	10:49		50		Eric Polli	Cary	11:26
21		Brandon Woolard	CG	10:55		51		Quinn Matthias	CG	11:27
22		Mario Lund	CG	10:56		52		Stephen Bigelow	LR	11:28
23		Mason Brown	CG	10:57		53		Tyler Behrends	LR	11:31
24	19	Dean Abushouk	Cary	10:59		54		Clay Connors	Apex	11:33
25		Daniel Ghan	Apex	11:00		55		Kyle Rathke	LR	11:33
26	20	Nick Boatman	LR	11:01		56		Mike Fox	CG	11:33
27	21	Alex Boatman	LR	11:01		57		David Edwards	CG	11:34
28	22	Hudson Cole	Cary	11:01		58		Teddy Elshof	LR	11:35
29	23	Nate Purich	LR	11:02		59		Nathan Marquard	Apex	11:35
30		Jay Yarley	Apex	11:02		60		Chris Johnson	Cary	11:36

**Apex vs. Cardinal Gibbons, Cary, Leesville Road**

**sunny and 91**

**Site: 3000 meters at WakeMed Park**

**Weather: degrees**

**Date: 8/24/11**

Place	Adj. PI	Name	Team	Time		Place	Adj. PI	Name	Team	Time
61		Alex Vincent	Apex	11:36		101		Anthony Cortina	CG	13:11
62		David White	Cary	11:42		102		Michael Herman	CG	13:11
63		Peter Marino	LR	11:43		103		Jake Fredenburg	Apex	13:12
64		Carl Geiger	Apex	11:48		104		Sam Prickett	Apex	13:12
65		C.S. Scott	CG	11:49		105		Tyler Nesbitt	Apex	13:18
66		Ryan Ratcliffe	Apex	11:51		106		Richard Sung	Apex	13:19
67		Matt Sholtis	Apex	11:53		107		Alexander Mesa	Apex	13:22
68		Michael Bloemeke	LR	11:54		108		Charlie Ostrom	Apex	13:24
69		Billy Donnelly	CG	11:57		109		Jackson Feathers	CG	13:28
70		Jimmy Stevens	Apex	12:00		110		Sam Trotter	Cary	13:28
71		Ryan Quinn	LR	12:00		111		Sam Rennert	LR	13:29
72		Mike Grinter	CG	12:01		112		Sam Gay	CG	13:30
73		Kory Purcks	CG	12:02		113		Richard McGirt	Cary	13:31
74		Alex Zoltek	LR	12:04		114		Kip Perry	CG	13:33
75		Matt Benbow	Apex	12:07		115		Paul Goudreau	Apex	13:48
76		Anthony Koker	CG	12:08		116		Alex Warren	CG	13:51
77		Andrew Fiorentino	Apex	12:08		117		Jake Bagaasen	Apex	14:00
78		Eric Throckmorton	Cary	12:10		118		Grant Murray	Cary	14:02
79		David McGowan	Apex	12:13		119		Luke Boland	Apex	14:07
80		Anthony Gavazzi	Apex	12:15		120		Thomas Zeleskey	CG	14:18
81		Jared DeJoya	LR	12:17		121		Chris Vondette	Apex	14:23
82		Patrick McFarland	Cary	12:17		122		Patrick Rudiger	CG	14:26
83		Ian Johnston	LR	12:17		123		Sean McDonald	CG	14:29
84		Dan Caldwell	CG	12:19		124		Dallin Suppes	Apex	14:33
85		Steven Sanchez	Apex	12:19		125		Nicholas Rosenberg	Cary	14:55
86		Sonny Wynn	Apex	12:22		126		Craig Berwick	LR	14:55
87		Kyle Malone	Apex	12:24		127		Aaron Skow	CG	15:12
88		Zak Dove	Apex	12:25		128		Will Blanks	CG	18:57
89		Andrew Sebastiani	CG	12:28		129				
90		Eric Huther	Apex	12:36		130				
91		Ryan McElroy	CG	12:37		131				
92		Kodiak Dunsworth	LR	12:41		132				
93		Sean Zeringue	Cary	12:41		133				
94		Matthew Price	Apex	12:43		134				
95		Chris Cortina	CG	12:43		135				
96		Andrew Orlikoff	CG	12:44		136				
97		Alec Lai	CG	12:49		137				
98		Trevor Hair	Apex	12:56		138				
99		J.D. Bunker	CG	13:09		139				
100		Mark Kober	CG	13:09		140				

# Providence Invitational

McAlpine Greenway Park

Charlotte, NC

Saturday, August 27<sup>th</sup>, 2011

## Girls' Results

Varsity Race: 10<sup>th</sup> Place out of 40 Teams  
Teams

Team Average: 21:16

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
26 <sup>th</sup>	Abby Davis	20:18
61 <sup>st</sup>	Emily Putnam	21:24
62 <sup>nd</sup>	Allie Gallagher	21:24
73 <sup>rd</sup>	Kiera Quinn	21:34
76 <sup>th</sup>	Sarah Bigelow	21:43
90 <sup>th</sup>	Kaitlyn Stempien	21:51
148 <sup>th</sup>	Courtney Robson	22:53
158 <sup>th</sup>	Meredith Hicks	22:59
159 <sup>th</sup>	Sarah Mehlman	22:59

## Boys' Results

Varsity Race: 12<sup>th</sup> Place out of 40

Team Average: 17:49

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
61 <sup>st</sup>	Grant Przybyla	17:41
63 <sup>rd</sup>	Andrew Byrum	17:42
67 <sup>th</sup>	Carson Ellerby	17:45
77 <sup>th</sup>	Tyler Glass	17:53
101 <sup>st</sup>	Anthony Strapp	18:08
114 <sup>th</sup>	Lance Bullerwell	18:16
163 <sup>rd</sup>	Ben Tyner	18:58

## Girls' Results

JV Race: 3<sup>rd</sup> Place out of 21 Teams

Teams

Team Average: 23:09

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
21 <sup>st</sup>	Rachel Phillips	22:59
24 <sup>th</sup>	Jordan Mareno	23:07
27 <sup>th</sup>	Laura Lisowe	23:11
28 <sup>th</sup>	Megan McGuire	23:14
29 <sup>th</sup>	Morgan Barnes	23:17
68 <sup>th</sup>	Jessica Merdes	24:28

## Boys' Results

JV Race: 3<sup>rd</sup> Place out of 28

Team Average: 19:03

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
19 <sup>th</sup>	Alex Boatman	18:55
20 <sup>th</sup>	Nick Boatman	18:56
29 <sup>th</sup>	Nate Purich	19:03
34 <sup>th</sup>	Teddy Elshof	19:11
36 <sup>th</sup>	Victor Simpson	19:13
41 <sup>st</sup>	Marco Fajardo	19:22
45 <sup>th</sup>	Josh De Joya	19:30
131 <sup>st</sup>	Steven Bigelow	21:08

Leesville v. Enloe

Site: 3000 meters @ Leesville

Date: 8-31-11

Score:	Leesville	Enloe	
	1	8	
	2	9	
	3	10	
	4	11	
	5	12	
	<b>15</b>	<b>50</b>	

# GIRLS RESULTS

Place	Adj. Pl	Name	Team	Time	Place	Adj. Pl	Name	Team	Time
1		A. Davis	L	12:33	31	---	A. Wood	L	16:09
2		K. Stempien	L	12:34	32	---	Leung	E	17:38
3		E. Putnam	L	12:44	33	---	L. Hill	L	17:58
4		A. Gallagher	L	12:59	34	---			
5		S. Bigelow	L	13:01	35	---			
6		M. Hicks	L	13:10	36	---			
7		M. Barnes	L	13:12	37	---			
8		K. Quinn	L	13:13	38	---			
9		J. Mareno	L	13:24	39	---			
10		Tomlinson	E	13:33	40	---			
11		M. McGuire	L	13:37	41	---			
12		L. Lisowe	L	13:41	42	---			
13		C. Robson	L	13:47	43	---			
14		Tobey	E	13:47	44	---			
15		S. Mehlman	L	13:55	45	---			
16		R. Phillips	L	13:57	46	---			
17		E. Echols	L	13:57	47	---			
18		C. Ingle	L	14:01	48	---			
19	---	B. Marino	L	14:19	49	---			
20		C. Holmes	L	14:21	50	---			
21	---	L. Hering	L	14:30	51	---			
22	---	A. Stephens	L	14:36	52	---			
23	---	J. Merdes	L	14:39	53	---			
24	---	?	E	14:54	54	---			
25	---	Henkomp	E	14:55	55	---			
26	---	H. Rea	L	14:57	56	---			
27	---	Teran	E	15:17	57	---			
28	---	C. Walczyk	L	15:19	58	---			
29		Caenger-Heyl	E	15:52	59	---			
30		Malarkey	E	16:05	60	---			

Leesville v. Enloe

Site: 3000 meters @ Leesville

Date: 8-31-11

<b>Score:</b>	Leesville	Enloe			
	2	1			
	7	3			
	8	4			
	9	5			
	10	6			
	<b>36</b>	<b>19</b>			

# BOYS RESULTS

Place	Adj. Pl	Name	Team	Time	Place	Adj. Pl	Name	Team	Time
1		Sajovec	E	10:25	31	---	P. Marino	L	12:01
2		C. Ellerby	L	10:29	32	---	D. Schuler	L	12:10
3		Guppton	E	10:30	33	---	I. Johnston	L	12:12
4		Kitto	E	10:37	34	---	Darst	E	12:15
5		Steleflug	E	10:38	35	---	Coffee	E	12:17
6		McBennett	E	10:39	36	---	A. Zoltek	L	12:17
7		L. Bullerwell	L	10:40	37	---	Arya	E	12:20
8		T. Glass	L	10:47	38	---	Watts	E	12:21
9		G. Przybyla	L	10:50	39	---	Bear	E	12:22
10		A. Byrum	L	10:54	40	---	Klingman	E	12:23
11		Clark	E	10:59	41	---	Lester	E	12:25
12		Steleflug	E	11:03	42	---	Kirby	E	12:27
13		Menzies	E	11:05	43	---	K. Dunsworth	L	12:45
14		B. Tyner	L	11:06	44	---	J. De Joya	L	12:51
15		A. Boatman	L	11:06	45	---	S. Rennert	L	12:55
16		Morrell	E	11:15	46	---	Champitto	E	14:26
17		N. Boatman	L	11:16	47	---	Reza	E	14:33
18		Mueller	E	11:20	48	---	C. Berwick	L	14:35
19	---	V. Simpson	L	11:20	49	---	Bradley	E	15:51
20		N. Purich	L	11:21	50	---			
21	---	M. Bloemeke	L	11:22	51	---			
22	---	T. Behrends	L	11:32	52	---			
23	---	T. Elshof	L	11:33	53	---			
24	---	J. De Joya	L	11:37	54	---			
25	---	M. Fajardo	L	11:38	55	---			
26	---	McBennett	E	11:40	56	---			
27	---	K. Rathke	L	11:41	57	---			
28	---	S. Bigelow	L	11:50	58	---			
29		R. Quinn	L	11:54	59	---			
30		Rice	E	12:01	60	---			

# Jungle Run XC Invitational

South View High School

Hope Mills, NC

Saturday, September 3<sup>rd</sup>, 2011

## Girls' JV Results

### 1<sup>st</sup> Place

Team Average: 22:04

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
1 <sup>st</sup>	Megan McGuire	21:26
2 <sup>nd</sup>	Courtney Robson	21:42
3 <sup>rd</sup>	Morgan Barnes	22:06
4 <sup>th</sup>	Rachel Phillips	22:22
5 <sup>th</sup>	Laura Lisowe	22:44
7 <sup>th</sup>	Lane Hering	23:11
8 <sup>th</sup>	Alex Stephens	23:12
11 <sup>th</sup>	Bri Marino	23:29
12 <sup>th</sup>	Courtney Holmes	23:34
13 <sup>th</sup>	Jessica Merdes	23:41
63 <sup>rd</sup>	Alyssa Wood	26:34

## Boys' JV Results

### 1<sup>st</sup> Place

Team Average: 18:35

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
1 <sup>st</sup>	Nate Purich	18:11
3 <sup>rd</sup>	Michael Bloemeke	18:23
6 <sup>th</sup>	Teddy Elshof	18:35
8 <sup>th</sup>	Josh De Joya	18:52
9 <sup>th</sup>	Marco Fajardo	18:55
10 <sup>th</sup>	Steven Bigelow	18:59
14 <sup>th</sup>	Ryan Quinn	19:12
15 <sup>th</sup>	Victor Simpson	19:13
24 <sup>th</sup>	Peter Marino	19:45
25 <sup>th</sup>	David Schuler	19:47
47 <sup>th</sup>	Jared De Joya	20:33
53 <sup>rd</sup>	Kodiak Dunsworth	20:43
54 <sup>th</sup>	Ian Johnston	20:49
176 <sup>th</sup>	Craig Berwick	25:07

The race had 146 runners & 15 Teams.

The race had 208 runners & 19 Teams.

### TOP 10 Team Scores:

- 1<sup>st</sup>: **LRHS-** 15 (Perfect Score!)
- 2<sup>nd</sup>: South View- 87
- 3<sup>rd</sup>: Hoggard- 100
- 4<sup>th</sup>: New Hanover- 128
- 5<sup>th</sup>: Lake Norman- 151
- 6<sup>th</sup>: Triton- 161
- 7<sup>th</sup>: White Oak- 225
- 8<sup>th</sup>: Millbrook- 235
- 9<sup>th</sup>: West Johnston- 249
- 10<sup>th</sup>: Topsail- 271

### TOP 10 Team Scores:

- 1<sup>st</sup>: **LRHS-** 27
- 2<sup>nd</sup>: South View- 44
- 3<sup>rd</sup>: Millbrook- 88
- 4<sup>th</sup>: Lake Norman- 130
- 5<sup>th</sup>: Hoggard- 136
- 6<sup>th</sup>: Cedar Ridge- 214
- 7<sup>th</sup>: Pinecrest- 246
- 8<sup>th</sup>: Union Pines: 257
- 9<sup>th</sup>: New Hanover- 266
- 10<sup>th</sup>: Jack Britt- 270

# Jungle Run XC Invitational

South View High School  
Hope Mills, NC  
Saturday, September 3<sup>rd</sup>, 2011

## Girls' Varsity Results

### 1<sup>st</sup> Place

Team Average: 20:49

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
2 <sup>nd</sup>	Emily Putnam	20:32
3 <sup>rd</sup>	Kaitlyn Stempien	20:39
5 <sup>th</sup>	Sarah Bigelow	20:53
6 <sup>th</sup>	Kiera Quinn	20:53
8 <sup>th</sup>	Meredith Hicks	21:08
15 <sup>th</sup>	Jordan Mareno	21:46
21 <sup>st</sup>	Sarah Mehlman	22:19

## Boys' Varsity Results

### 1<sup>st</sup> Place

Team Average: 17:31

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
4 <sup>th</sup>	Grant Przybyla	17:20
5 <sup>th</sup>	Tyler Glass	17:20
6 <sup>th</sup>	Carson Ellerby	17:25
7 <sup>th</sup>	Lance Bullerwell	17:32
15 <sup>th</sup>	Ben Tyner	18:01
16 <sup>th</sup>	Anthony Strapp	18:04

The race had 148 runners & 23 Teams.

The race had 184 runners & 26 Teams.

### TOP 10 Team Scores:

- 1<sup>st</sup>: **LHRS- 24**
- 2<sup>nd</sup>: Cedar Ridge- 115
- 3<sup>rd</sup>: Hoggard- 160
- 4<sup>th</sup>: Millbrook- 178
- 5<sup>th</sup>: New Hanover- 193
- 6<sup>th</sup>: Lake Norman- 209
- 7<sup>th</sup>: Chatham Central- 241
- 8<sup>th</sup>: Pinecrest- 250
- 9<sup>th</sup>: S.E. Raleigh- 270
- 10<sup>th</sup>: Laney- 286

### TOP 10 Team Scores:

- 1<sup>st</sup>: **LRHS- 27**
- 2<sup>nd</sup>: South View: 97
- 3<sup>rd</sup>: Cedar Ridge: 118
- 4<sup>th</sup>: Hoggard: 125
- 5<sup>th</sup>: Millbrook: 176
- 6<sup>th</sup>: Pinecrest: 194
- 7<sup>th</sup>: Lake Norman: 223
- 8<sup>th</sup>: Enloe: 290
- 9<sup>th</sup>: South Central: 293
- 10<sup>th</sup>: Cape Fear: 322

# Broughton, Cardinal Gibbons, & LR Tri Meet

WakeMed Soccer Park  
September 7<sup>th</sup>, 2011

## Girls

24<sup>th</sup> – Cassidi Ingle: 23:51  
27<sup>th</sup> – Alex Stephens: 24:00  
28<sup>th</sup> – Jessica Merdes: 24:05  
31<sup>st</sup> – Emily Echols: 24:15  
36<sup>th</sup> – Bri Marino: 24:30  
37<sup>th</sup> – Courtney Holmes: 24:40  
38<sup>th</sup> – Lane Hering: 24:48  
54<sup>th</sup> – Nicole Vlanich: 26:32  
58<sup>th</sup> – Claire Walczyk: 26:50  
63<sup>rd</sup> – Alyssa Wood: 27:46  
69<sup>th</sup> – Haley Rea: 29:12  
71<sup>st</sup> – Laura Hill: 29:37

## Boys

20<sup>th</sup> – Tyler Behrends: 18:50  
29<sup>th</sup> – Marco Fajardo: 19:34  
40<sup>th</sup> – David Schuler: 20:31  
41<sup>st</sup> – Victor Simpson: 20:33  
42<sup>nd</sup> – Matt Conrad: 20:35  
45<sup>th</sup> – Ryan Quinn: 20:39  
49<sup>th</sup> – Kyle Rathke: 20:47  
55<sup>th</sup> – Peter Marino: 21:03  
56<sup>th</sup> – Alex Zoltek: 21:11  
64<sup>th</sup> – Jared DeJoya: 21:44  
71<sup>st</sup> – Kodiak Dunsworth: 22:23  
74<sup>th</sup> – Ian Johnston: 22:47  
82<sup>nd</sup> – Sam Rennertt: 24:04  
93<sup>rd</sup> – Craig Berwick: 26:47

\*Top 14 runners did not compete at this meet since they were competing at UNCW the following Saturday.

# Seahawk Invitational

UNCW

Wilmington, NC

Saturday, September 10<sup>th</sup>, 2011

## Girls' Developmental Results

### **6<sup>th</sup> Place**

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
25 <sup>th</sup>	Jessica Merdes	22:57
42 <sup>nd</sup>	Cassidi Ingle	23:28
49 <sup>th</sup>	Alex Stephens	23:42
54 <sup>th</sup>	Emily Echols	23:56
55 <sup>th</sup>	Bri Marino	23:58
58 <sup>th</sup>	Courtney Holmes	24:09
130 <sup>th</sup>	Lane Hering	26:29

The race had 236 runners & 22 Teams.

## Boys' Developmental Results

### **4<sup>th</sup> Place**

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
12 <sup>th</sup>	David Schuler	18:47
17 <sup>th</sup>	Victor Simpson	19:08
20 <sup>th</sup>	Marco Fajardo	19:16
50 <sup>th</sup>	Steven Bigelow	20:12
59 <sup>th</sup>	Peter Marino	20:28
77 <sup>th</sup>	Ryan Quinn	20:48

The race had 269 runners & 23 Teams.

## Girls' JV Results

### **2<sup>nd</sup> Place**

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
9 <sup>th</sup>	Morgan Barnes	22:20
10 <sup>th</sup>	Laura Lisowe	22:28
11 <sup>th</sup>	Jordan Mareno	22:31
19 <sup>th</sup>	Sarah Mehlman	22:47
24 <sup>th</sup>	Courtney Robson	23:15
44 <sup>th</sup>	Rachel Phillips	24:19

The race had 120 runners & 17 Teams

## Boys' JV Results

### **2<sup>nd</sup> Place**

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
2 <sup>nd</sup>	Sam Sarakbi	17:51
14 <sup>th</sup>	Nick Boatman	18:36
15 <sup>th</sup>	Alex Boatman	18:39
16 <sup>th</sup>	Michael Bloemeke	18:39
29 <sup>th</sup>	Nate Purich	19:08
31 <sup>st</sup>	Teddy Elshof	19:09
32 <sup>nd</sup>	Josh De Joya	19:09

The race had 128 runners & 16 Teams

## Girls' Varsity Results

### **11<sup>th</sup> Place**

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
51 <sup>st</sup>	Kaitlyn Stempien	21:04
62 <sup>nd</sup>	Emily Putnam	21:23
72 <sup>nd</sup>	Meredith Hicks	21:45
77 <sup>th</sup>	Sarah Bigelow	21:48
80 <sup>th</sup>	Megan McGuire	21:55
120 <sup>th</sup>	Kiera Quinn	22:58
127 <sup>th</sup>	Allie Gallagher	23:10

The race had 172 runners & 24 Teams

## Boys' Varsity Results

### **10<sup>th</sup> Place**

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
28 <sup>th</sup>	Carson Ellerby	17:23
56 <sup>th</sup>	Grant Przybyla	17:49
57 <sup>th</sup>	Tyler Glass	17:49
75 <sup>th</sup>	Lance Bullerwell	18:05
94 <sup>th</sup>	Anthony Strapp	18:24
97 <sup>th</sup>	Andrew Byrum	18:34
105 <sup>th</sup>	Ben Tyner	18:34

The race had 165 runners & 24 Teams

Score:	Leesville	Wakefield			
	2	1			
	3	9			
	4	10			
	5	11			
	6	12			
	<b>20</b>	<b>43</b>			

# GIRLS RESULTS

Place	Adj. Pl	Name	Team	Time		Place	Adj. Pl	Name	Team	Time
1		Oh	W	23:31		31	---	Parelds	W	30:31
2		A. Gallagher	L	23:53		32	---	A. Wood	L	30:31
3		K. Stempien	L	24:04		33	---	Messina	W	30:38
4		E. Putnam	L	24:10		34	---	Weatherford	W	30:39
5		A. Davis	L	24:10		35	---	L. Hill	L	32:03
6		R. Phillips	L	24:42		36	---	H. Rea	L	32:21
7		S. Bigelow	L	24:42		37	---	Doty	W	36:21
8		J. Mareno	L	24:44		38	---			
9		M. McGuire	L	24:45		39	---			
10		K. Quinn	L	24:45		40	---			
11		M. Hicks	L	24:57		41	---			
12		S. Mehlman	L	24:58		42	---			
13		Grasser	W	25:10		43	---			
14		C. Ingle	L	25:15		44	---			
15		C. Robson	L	25:19		45	---			
16		Blawas	W	25:24		46	---			
17		E. Echols	L	25:25		47	---			
18		M. Barnes	L	25:39		48	---			
19	---	Hunter	W	25:40		49	---			
20		B. Marino	L	25:47		50	---			
21	---	C. Holmes	L	25:49		51	---			
22	---	A. Stephens	L	26:09		52	---			
23	---	L. Hering	L	26:28		53	---			
24	---	L. Lisowe	L	26:28		54	---			
25	---	J. Merdes	L	26:29		55	---			
26	---	Mondu	W	27:22		56	---			
27	---	Myers	W	27:38		57	---			
28	---	Damiano	W	27:40		58	---			
29		C. Walczyk	L	28:30		59	---			
30		McAlexander	W	30:12		60	---			

Score:	Leesville	Wakefield			
	2	1			
	3	9			
	4	10			
	5	11			
	6	12			
	<b>20</b>	<b>43</b>			

# BOYS RESULTS

Place	Adj. Pl	Name	Team	Time		Place	Adj. Pl	Name	Team	Time
1		Owens	W	19:33		31	---	K. Dunsworth	L	23:12
2		C. Ellerby	L	19:40		32	---	Koehler	W	23:25
3		N. Purich	L	20:23		33	---	Jones	W	24:00
4		S. Sarakbi	L	20:24		34	---	McChristian	W	24:16
5		M. Bloemeke	L	20:33		35	---	D. Pate	W	24:28
6		V. Simpson	L	20:34		36	---	S. Rennertt	L	24:41
7		T. Elshof	L	20:47		37	---	Z. Goldberger	W	25:44
8		T. Behrends	L	20:50		38	---	McAlexander	W	26:02
9		J. DeJoya	L	20:50		39	---	T. Goldberger	W	26:28
10		A. Strapp	L	20:56		40	---	Sevilla	W	27:46
11		B. Tyner	L	20:56		41	---	Russell	W	28:48
12		A. Boatman	L	20:59		42	---	C. Berwick	L	29:07
13		G. Przybyla	L	21:00		43	---	Warlick	W	29:42
14		L. Bullerwell	L	21:01		44	---	Brewster	W	30:13
15		T. Glass	L	21:01		45	---	Birek	W	31:10
16		A. Byrum	L	21:04		46	---			
17		S. Bigelow	L	21:05		47	---			
18		N. Boatman	L	21:07		48	---			
19	---	D. Schuler	L	21:09		49	---			
20		K. Rathke	L	21:10		50	---			
21	---	R. Quinn	L	21:23		51	---			
22	---	M. Conrad	L	21:25		52	---			
23	---	P. Marino	L	21:29		53	---			
24	---	A. Zoltek	L	21:34		54	---			
25	---	Mondou	W	22:11		55	---			
26	---	Jared DeJoya	L	22:14		56	---			
27	---	Kerzher	W	22:39		57	---			
28	---	I. Johnston	L	22:47		58	---			
29		Trey	W	22:43		59	---			
30		Pate	W	22:56		60	---			

<b>Score:</b>	Leesville	Sanderson			
	2	1			
	4	3			
	5	6			
	8	7			
	11	9			
	<b>30</b>	<b>26</b>			

# GIRLS RESULTS

Place	Adj. Pl	Name	Team	Time	Place	Adj. Pl	Name	Team	Time
1		SAMANTHA COOK	S	20 48	31	---	COURTNEY ROBSON	L	25 53
2		ABBY DAVIS	L	20 49	32	---	ALEX STEPHENS	L	25 53
3		OLIVIA BANE	S	21 22	33	---	HANNAH ELSTOB	S	26 48
4		KAITLYN STEMPIEN	L	21 29	34	---	ELLEN KNOWLES	S	26 51
5		EMILY PUTNAM	L	21 36	35	---	BRITTANY MORTON	S	27 50
6		LEXI NEWSOME	S	21 44	36	---	SUSANNAH BLOOM	S	30 08
7		HOLLY LIVINSTON	S	21 48	37	---	KATRINA BARTH	S	30 11
8		SARAH BIGELOW	L	22 06	38	---			
9		SARAH PITTMAN	S	22 16	39	---			
10		CATIE MASON	S	22 17	40	---			
11		ALLIE GALLAGHER	L	22 20	41	---			
12		JASMINE WADE	S	22 23	42	---			
13		MEREDITH HICKS	L	22 27	43	---			
14		JORDAN MARENO	L	22 27	44	---			
15		MORGAN BARNES	L	22 36	45	---			
16		RACHEL COFFMAN	S	22 57	46	---			
17		KINSEY MCDANIEL	S	23 19	47	---			
18		KIERA QUINN	L	23 20	48	---			
19		LAURA LISOWE	L	23 37	49	---			
20		SARAH MEHLMAN	L	23 40	50	---			
21		LANE HERING	L	23 49	51	---			
22		RACHEL PHILLIPS	L	23 55	52	---			
23		CASSIDI INGLE	L	24 00	53	---			
24		EMILY ECHOLS	L	24 03	54	---			
25		BRI MARINO	L	24 08	55	---			
26		COURTNEY HOLMES	L	24 28	56	---			
27		SARAH MORGAN	S	24 50	57	---			
28		JESSICA MERDES	L	25 07	58	---			
29		OLIVIA ALLEN	S	25 23	59	---			
30		COLLEEN KANE	S	25 36	60	---			

<b>Score:</b>	Leesville	Sanderson			
	2	1			
	3	5			
	4	7			
	6	10			
	8	12			
	<b>23</b>	<b>35</b>			

# BOYS RESULTS

Place	Adj. Pl	Name	Team	Time		Place	Adj. Pl	Name	Team	Time
1		BILLY FETZNER	S	17 36		31	---	DREW COONEY	S	21 25
2		TYLER GLASS	L	18 17		32	---	JARED D.	L	21 51
3		GRANT PRYZBYLA	L	18 18		33	---	IAN JOHNSON	L	21 53
4		SAM SARA KBI	L	18 37		34	---	CAMERON ROY	S	21 58
5		DAYTON BOBBITT	S	18 38		35	---	CAMERON M	S	22 10
6		CARSON ELLERBY	L	18 42		36	---	GARETH CLARK	S	22 12
7		MICHAEL LIEBMAN	S	18 48		37	---	CHRIS HENRY	S	22 27
8		ANDREW BYRUM	L	18 50		38	---	JAKE SMOOT	S	22 32
9		ANTHONY S.	L	18 53		39	---	MICHAEL MARES	S	22 33
10		KEVIN TODD	S	18 55		40	---	DANIEL KINNEY	S	22 56
11		MIKE BLOEMEKE	L	19 12		41	---	LUKE WERTIS	S	23 06
12		BEN TYNER	L	19 16		42	---	LEE UTTER	S	23 14
13		AUSTIN BANKS	S	19 44		43	---	CLAY HOWARD	S	23 20
14		ALEX BOATMAN	L	19 49		44	---			
15		NICK BOATMAN	L	19 49		45	---			
16		VICTOR SIMPSON	L	19 56		46	---			
17		NATE PYRICH	L	19 57		47	---			
18		STEVEN BIGELOW	L	20 01		48	---			
19	---	DAVID SCHULER	L	20 19		49	---			
20		RYAN QUINN	L	20 19		50	---			
21	---	KYLE RATHKE	L	20 33		51	---			
22	---	SIMON MEDFORD	S	20 36		52	---			
23	---	TEDDY ELSHOF	L	20 42		53	---			
24	---	P. MARINO	L	20 44		54	---			
25	---	ALEX ZOLTEK	L	20 47		55	---			
26	---	WILL BENNETT	S	20 55		56	---			
27	---	ALEX WHITE	S	21 00		57	---			
28	---	TYLER GODWIN	S	21 16		58	---			
29		BLAKE AYERS	S	21 16		59	---			
30		AKIRA DUDLEY	S	21 16		60	---			

Score:	Leesville	Millbrook			
	1	6			
	2	9			
	3	10			
	4	11			
	5	12			
	<b>15</b>	<b>48</b>			

# GIRLS RESULTS

Place	Adj. Pl	Name	Team	Time		Place	Adj. Pl	Name	Team	Time
1		A. Davis	L	22:22		31	---			
2		J. Mareno	L	22:58		32	---			
3		K. Stempien	L	23:02		33	---			
4		S. Bigelow	L	23:15		34	---			
5		E. Putnam	L	23:26		35	---			
6		P. Burns	M	23:44		36	---			
7		M. Hicks	L	23:48		37	---			
8		K. Quinn	L	24:15		38	---			
9		A. Gallagher	L	24:38		39	---			
10		Bolohan	M	24:38		40	---			
11		L. Lisowe	L	24:44		41	---			
12		S. Mehlman	L	24:58		42	---			
13		C. Ingle	L	25:26		43	---			
14		Williams	M	25:38		44	---			
15		E. Echols	L	25:45		45	---			
16		J. Merdes	L	25:45		46	---			
17		B. Marino	L	25:47		47	---			
18		C. Holmes	L	25:49		48	---			
19	---	Clappsaddle	M	26:00		49	---			
20		A. Stephens	L	26:22		50	---			
21	---	L. Hering	L	26:31		51	---			
22	---	Thorton	M	26:58		52	---			
23	---	H. Rea	L	27:07		53	---			
24	---	Carstens	M	27:26		54	---			
25	---	Spiro	M	27:32		55	---			
26	---	Plaskonos	M	27:36		56	---			
27	---	Boone	M	27:47		57	---			
28	---	Mutia	M	27:52		58	---			
29		R. Phillips	L	30:09		59	---			
30		C. Walczyk	L	30:26		60	---			

Score:	Leesville	Millbrook			
	1	8			
	2	9			
	3	10			
	4	11			
	5	12			
	<b>15</b>	<b>50</b>			

# BOYS RESULTS

Place	Adj. Pl	Name	Team	Time		Place	Adj. Pl	Name	Team	Time
1		C. Ellerby	L	19:06		31	---	Jared DeJoya	L	21:49
2		G. Przybyla	L	19:16		32	---	A. Zoltek	L	21:56
3		T. Glass	L	19:20		33	---	Lenesch	M	22:04
4		A. Strapp	L	19:22		34	---	Abourehed	M	22:10
5		S. Sarakbi	L	19:49		35	---	Rivera	M	22:14
6		A. Boatman	L	19:52		36	---	Adams	M	22:24
7		A. Byrum	L	20:02		37	---	Madlon	M	22:37
8		M. Bloemeke	L	20:09		38	---	Battagoia	M	23:08
9		N. Boatman	L	20:09		39	---	K. Dunsworth	L	23:21
10		N. Purich	L	20:15		40	---	Booton	M	23:36
11		B. Tyner	L	20:20		41	---	Holmes	M	23:48
12		D. Davis	M	20:33		42	---	Creech	M	23:50
13		Hill	M	20:35		43	---	I. Benavides	M	24:34
14		S. Bigelow	L	20:35		44	---	Brooks	M	24:59
15		Nelson	M	20:38		45	---	McClure	M	25:19
16		Chlander	M	20:42		46	---	Bailey	M	26:40
17		D. Schuler	L	20:46		47	---	Benason	M	27:12
18		Robinson	M	20:49		48	---	C. Berwick	L	27:25
19	---	T. Elshof	L	20:53		49	---			
20		T. Davis	M	20:55		50	---			
21	---	K. Rathke	L	20:59		51	---			
22	---	Thornton	M	21:07		52	---			
23	---	Spurtan	M	21:19		53	---			
24	---	V. Simpson	L	21:24		54	---			
25	---	Buckalew	M	21:24		55	---			
26	---	P. Marino	L	21:27		56	---			
27	---	Trocinski	M	21:28		57	---			
28	---	R. Quinn	L	21:28		58	---			
29		Hitson	M	21:42		59	---			
30		I. Johnston	L	21:48		60	---			

# Great American XC Festival

WakeMed Soccer Park

October 1<sup>st</sup>, 2011

## Varsity Girls' Results

4<sup>th</sup> Place / Team Average- 20:57

<u>Place</u>	<u>Name</u>	<u>Time</u>
3 <sup>rd</sup>	Abby Davis	19:53
15 <sup>th</sup>	Kaitlyn Stempien	20:48
21 <sup>st</sup>	Sarah Bigelow	21:02
39 <sup>th</sup>	Jordan Mareno	21:19
52 <sup>nd</sup>	Meredith Hicks	21:41
55 <sup>th</sup>	Emily Putnam	21:45
62 <sup>nd</sup>	Sarah Mehlman	22:22

## Varsity Boys' Results

6<sup>th</sup> Place / Team Average: 17:34

<u>Place</u>	<u>Name</u>	<u>Time</u>
17 <sup>th</sup>	Grant Przybyla	17:22
19 <sup>th</sup>	Carson Ellerby	17:23
20 <sup>th</sup>	Anthony Strapp	17:23
32 <sup>nd</sup>	Andrew Byrum	17:34
56 <sup>th</sup>	Tyler Glass	18:01
58 <sup>th</sup>	Alex Boatman	18:02
63 <sup>rd</sup>	Michael Bloemeke	18:06

## JV 1 Girls' Results

5<sup>th</sup> Place

<u>Place</u>	<u>Name</u>	<u>Time</u>
9 <sup>th</sup>	Kiera Quinn	21:15
20 <sup>th</sup>	Jessica Merdes	21:48
23 <sup>rd</sup>	Lane Hering	21:56
42 <sup>nd</sup>	Megan McGuire	22:41
46 <sup>th</sup>	Laura Lisowe	22:46
56 <sup>th</sup>	Cassidi Ingle	23:05

## JV 1 Boys' Results

20<sup>th</sup> Place

<u>Place</u>	<u>Name</u>	<u>Time</u>
61 <sup>st</sup>	Ben Tyner	18:07
79 <sup>th</sup>	Nate Purich	18:19
114 <sup>th</sup>	Teddy Elshof	18:44
134 <sup>th</sup>	Victor Simpson	19:00
140 <sup>th</sup>	Tyler Behrends	19:02

## JV II Girls' Results

6<sup>th</sup> Place

<u>Place</u>	<u>Name</u>	<u>Time</u>
26 <sup>th</sup>	Emily Echols	22:52
33 <sup>rd</sup>	Courtney Holmes	23:14
36 <sup>th</sup>	Tegan Johnston	23:20
37 <sup>th</sup>	Bri Marino	23:23
49 <sup>th</sup>	Haley Rea	24:21
77 <sup>th</sup>	Alyssa Wood	29:52

## JV II Boys' Results

6<sup>th</sup> Place

<u>Place</u>	<u>Name</u>	<u>Time</u>
4 <sup>th</sup>	David Schuler	18:11
43 <sup>rd</sup>	Teddy Elshof (2 <sup>nd</sup> 5k of the day)	18:58
51 <sup>st</sup>	Ryan Quinn	19:05
56 <sup>th</sup>	Kyle Rathke	19:09
77 <sup>th</sup>	Peter Marino	19:37
105 <sup>th</sup>	Ian Johnston	20:16
106 <sup>th</sup>	Alex Zoltek	20:16
112 <sup>th</sup>	Jared DeJoya	20:22
130 <sup>th</sup>	Kodiak Dunsworth	21:02
160 <sup>th</sup>	Craig Berwick	24:09

Leesville vs. Heritage

Site: 5000 meters @ Leesville

Date: 10-5-11

<b>Score:</b>	Leesville	Heritage			
	1	2			
	4	3			
	5	8			
	6	9			
	7	12			
	<b>23</b>	<b>34</b>			

# GIRLS RESULTS

Place	Adj. Pl	Name	Team	Time	Place	Adj. Pl	Name	Team	Time
1		L. Lisowe	L	23:25	31	---			
2		Glaude	H	24:27	32	---			
3		Good	H	24:28	33	---			
4		L. Hering	L	24:30	34	---			
5		C. Ingle	L	24:49	35	---			
6		B. Marino	L	24:59	36	---			
7		C. Holmes	L	25:23	37	---			
8		Blanco	H	25:45	38	---			
9		Van Arkel	H	26:04	39	---			
10		N. Vlanich	L	26:15	40	---			
11		M. Hicks	L	26:38	41	---			
12		K. Quinn	L	27:42	42	---			
13		A. Gallagher	L	27:43	43	---			
14		K. Stempien	L	27:43	44	---			
15		S. Mehman	L	27:44	45	---			
16		S. Bigelow	L	27:45	46	---			
17		J. Merdes	L	27:45	47	---			
18		J. Mareno	L	27:46	48	---			
19	---	A. Davis	L	27:46	49	---			
20		E. Putnam	L	27:47	50	---			
21	---	E. Echols	L	27:47	51	---			
22	---	C. Robson	L	27:48	52	---			
23	---	Desai	H	30:41	53	---			
24	---	H. Rea	L	30:45	54	---			
25	---	A. Stephens	L	30:46	55	---			
26	---	Boyd	H	31:36	56	---			
27	---	Sywahyk	H	31:36	57	---			
28	---				58	---			
29					59	---			
30					60	---			

Leesville vs. Heritage

Site: 5000 meters @ Leesville

Date: 10-5-11

Score:	Leesville	Heritage			
	1	3			
	2	7			
	4	10			
	5	11			
	6	12			
	<b>18</b>	<b>43</b>			

# BOYS RESULTS

Place	Adj. Pl	Name	Team	Time		Place	Adj. Pl	Name	Team	Time
1		A. Byrum	L	19:21		31	---	Sales	H	25:33
2		T. Elshof	L	19:54		32	---	C. Berwick	L	25:59
3		Daush	H	19:55		33	---	Austin	H	26:00
4		R. Quinn	L	20:22		34	---	Norris	H	26:09
5		K. Rathke	L	20:49		35	---			
6		P. Marino	L	21:06		36	---			
7		Gonzalez	H	21:07		37	---			
8		M. Bloemeke	L	21:10		38	---			
9		C. Ellerby	L	21:12		39	---			
10		Simpson	H	21:13		40	---			
11		T. Glass	L	21:13		41	---			
12		G. Przybyla	L	21:13		42	---			
13		I. Johnston	L	21:29		43	---			
14		A. Boatman	L	21:29		44	---			
15		N. Purich	L	21:32		45	---			
16		S. Bigelow	L	21:33		46	---			
17		N. Boatman	L	21:40		47	---			
18		A. Strapp	L	21:40		48	---			
19	---	T. Behrends	L	21:40		49	---			
20		B. Tyner	L	21:59		50	---			
21	---	J. De Joya	L	22:04		51	---			
22	---	V. Simpson	L	22:06		52	---			
23	---	A. Zoltek	L	23:08		53	---			
24	---	K. Dunsworth	L	24:08		54	---			
25	---	Clements	H	24:08		55	---			
26	---	Bell	H	24:08		56	---			
27	---	Gillen	H	24:52		57	---			
28	---	Blum	H	24:52		58	---			
29		Brendle	H	24:54		59	---			
30		Wohlbueter	H	25:09		60	---			

# 4-Runners Only XC Invitational

Beeson Park

Kernersville, NC

Saturday, October 8<sup>th</sup> 2011

## Girls' Results

Varsity Race: 4<sup>th</sup> Place out of 31 Teams

Team Average: 20:43

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
13 <sup>th</sup>	Abby Davis	20:04
17 <sup>th</sup>	Kaitlyn Stempien	20:13
33 <sup>rd</sup>	Emily Putnam	20:51
39 <sup>th</sup>	Allie Gallagher	21:04
58 <sup>th</sup>	Meredith Hicks	21:23
67 <sup>th</sup>	Jessica Merdes	21:42
68 <sup>th</sup>	Kiera Quinn	21:44

## Boys' Results

Varsity Race: 5<sup>th</sup> Place out of 29 Teams

Team Average: 17:45

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
17 <sup>th</sup>	Andrew Byrum	17:08
36 <sup>th</sup>	Tyler Glass	17:31
38 <sup>th</sup>	Grant Przybyla	17:32
80 <sup>th</sup>	Steven Bigelow	18:16
85 <sup>th</sup>	Tyler Behrends	18:20
87 <sup>th</sup>	Ben Tyner	18:21
91 <sup>st</sup>	Victor Simpson	18:28

## Girls' Results

JV Race: 4<sup>th</sup> Place out of 15 Teams

Team Average: 21:50

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
19 <sup>th</sup>	Sarah Bigelow	21:08
20 <sup>th</sup>	Jordan Mareno	21:10
27 <sup>th</sup>	Courtney Robson	21:47
47 <sup>th</sup>	Sarah Mehlman	22:26
59 <sup>th</sup>	Alex Stephens	22:41
71 <sup>st</sup>	Emily Echols	23:11
86 <sup>th</sup>	Haley Rea	23:37

## Boys' Results

JV Race: 2<sup>nd</sup> Place out of 27 Teams

Team Average: 17:39

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
10 <sup>th</sup>	Anthony Strapp	17:20
11 <sup>th</sup>	Carson Ellerby	17:20
25 <sup>th</sup>	Alex Boatman	17:50
27 <sup>th</sup>	Nick Boatman	17:52
31 <sup>st</sup>	Nate Purich	17:56
37 <sup>th</sup>	Lance Bullerwell	18:08
53 <sup>rd</sup>	David Schuler	18:28
67 <sup>th</sup>	Michael Bloemeke	18:51

## Girls' Open Race

<u>Place:</u>	<u>Name:</u>	<u>Time:</u>
22 <sup>nd</sup>	Meredith Hicks	23:04

Varsity Girls 5000 Meter Run

Name	Yr Team	Time	Pts
1 Tara Komlo	12 Wake Forest-Rolesville	20:24.00	1
2 Abby Davis	11 Leesville Road	20:51.00	2
3 Grace Yoakum	10 Wake Forest-Rolesville	20:54.00	3
4 Jordan Mareno	9 Leesville Road	21:56.00	4
5 Sarah Bigelow	10 Leesville Road	21:57.00	5
6 Megan Lanzon	9 Wake Forest-Rolesville	21:57.00	6
7 Emily Putnam	11 Leesville Road	22:07.00	7
8 Meredith Hicks	12 Leesville Road	22:20.00	8
9 Rebecca Yoakum	10 Wake Forest-Rolesville	22:22.00	9
10 Courtney Robson	9 Leesville Road	22:25.00	10
11 Kiera Quinn	12 Leesville Road	22:36.00	11
12 Kaitlyn Stempien	11 Leesville Road	22:47.00	--
13 Darryl Begg	12 Wake Forest-Rolesville	22:47.00	12
14 Allie Gallagher	12 Leesville Road	22:55.00	--
15 Laura Lisowe	10 Leesville Road	22:59.00	--
16 Jacy Van Arkel	9 Heritage HS	23:08.00	13
17 Juna Glaude	9 Heritage HS	23:11.00	14
18 Lane Hering	11 Leesville Road	23:13.00	--
19 Morgan Barnes	10 Leesville Road	23:13.00	--
20 Cameron Good	9 Heritage HS	23:23.00	15
21 Sarah Mehlman	12 Leesville Road	23:29.00	--
22 Tegan Johnston	12 Leesville Road	23:38.00	--
23 Brianne Marino	12 Leesville Road	23:59.00	--
24 Haley Rea	9 Leesville Road	24:39.00	--
25 Julie Mondou	Wakefield	24:44.00	16
26 Ashley Blawas	Wakefield	24:50.00	17
27 Melissa Blanco	9 Heritage HS	24:51.00	18
28 Alex Stephens	9 Leesville Road	24:51.00	--
29 Courtney Holmes	12 Leesville Road	24:59.00	--
30 Jessica Merdes	11 Leesville Road	25:03.00	--
31 Emily Echols	9 Leesville Road	25:20.00	--
32 Nicole Vlanich	11 Leesville Road	25:49.00	--
33 Claudia Damiano	Wakefield	26:00.00	19
34 Claire Walczyk	10 Leesville Road	26:16.00	--
35 Katherine Driscoll	Wakefield	26:21.00	20
36 Samantha Gibbons	9 Wake Forest-Rolesville	26:28.00	21
37 Giulia Deem	12 Wake Forest-Rolesville	26:41.00	22
38 Lauren Cannady	12 Wake Forest-Rolesville	27:27.00	--
39 Camille Bove	11 Wake Forest-Rolesville	27:59.00	--
40 Tiffany LeBeau	Wakefield	28:19.00	23
41 Alyssa Wood	9 Leesville Road	28:31.00	--
42 Shivani Desai	Heritage HS	29:02.00	24
43 Chelsie Sywank	10 Heritage HS	29:33.00	25
44 Haley Weathersford	Wakefield	30:21.00	26
45 Daniella Paredes	Wakefield	30:32.00	27
46 Sarah Kordon	Wakefield	31:25.00	--

Varsity Girls 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Leesville Road	26	2	4	5	7	8	10	11
Total Time: 1:49:11	Average: 21:50.20				1-5 Split: 1:29			
2 Wake Forest-Rolesville	31	1	3	6	9	12	21	22
Total Time: 1:48:24	Average: 21:40.80				1-5 Split: 2:23			
3 Heritage HS	84	13	14	15	18	24	25	-
Total Time: 2:03:35	Average: 24:43.00				1-5 Split: 5:54			
4 Wakefield	95	16	17	19	20	23	26	27
Total Time: 2:10:14	Average: 26:02.80				1-5 Split: 3:35			

Varsity Boys 5000 Meter Run

Name	Yr Team	Time	Pts
1 Andrew Byrum	12 Leesville Road	17:51.00	1
2 Carter Owens	Wakefield	18:09.00	2
3 Matthew Vest	11 Wake Forest-Rolesville	18:19.00	3
4 Carson Ellerby	10 Leesville Road	18:22.00	4

5	Steven Bigelow	12	Leesville Road	18:32.00	5
6	Tyler Will	11	Wake Forest-Rolesville	18:37.00	6
7	Alex Boatman	10	Leesville Road	18:47.00	7
8	Ben Tynner	11	Leesville Road	18:49.00	8
9	Nick Boatman	10	Leesville Road	18:55.00	9
10	Nate Purich	9	Leesville Road	19:02.00	10
11	Tyler Behrends	11	Leesville Road	19:12.00	--
12	Victor Simpson	10	Leesville Road	19:30.00	--
13	Chris Weber	11	Wake Forest-Rolesville	19:43.00	11
14	Michael Bloemeke	10	Leesville Road	19:46.00	--
15	Gabriel Gonzalez	10	Heritage HS	19:46.00	12
16	Tom Simpson	9	Heritage HS	19:48.00	13
17	Teddy Elshof	11	Leesville Road	19:53.00	--
18	Jake Coats	11	Wake Forest-Rolesville	19:57.00	14
19	Ryan Quinn	10	Leesville Road	19:58.00	--
20	Martin Mondou		Wakefield	19:58.00	15
21	Kyle Rathge	10	Leesville Road	20:03.00	--
22	Alex Zoltek	9	Leesville Road	20:03.00	--
23	Peter Marino	10	Leesville Road	20:08.00	--
24	Martin Bell	10	Heritage HS	20:09.00	16
25	Kameron Heath	9	Wake Forest-Rolesville	20:11.00	17
26	Lance Bullerwell	10	Leesville Road	20:13.00	--
27	Tre Brooks		Wakefield	20:35.00	18
28	Alec Woodruff		Wakefield	20:44.00	19
29	Jesse Kerzner		Wakefield	20:46.00	20
30	Ian Johnston	10	Leesville Road	20:58.00	--
31	J.d. Yoakum	10	Wake Forest-Rolesville	21:17.00	21
32	Andrew Clements	11	Heritage HS	21:19.00	22
33	Kodiak Dunsworth	10	Leesville Road	21:24.00	--
34	Brad Pate		Wakefield	21:24.00	23
35	Matt Brown	12	Wake Forest-Rolesville	21:41.00	24
36	Hayden Bridges	12	Wake Forest-Rolesville	21:41.00	--
37	Jared DeJoya	9	Leesville Road	21:45.00	--
38	Gavin McCarver	11	Wake Forest-Rolesville	22:03.00	--
39	Ben Wright	12	Wake Forest-Rolesville	22:05.00	--
40	Trent Jones		Wakefield	22:05.00	25
41	Brett Zeck	9	Wake Forest-Rolesville	22:05.00	--
42	Doug Pate		Wakefield	22:19.00	--
43	Zach Koehler		Wakefield	22:19.00	--
44	Matt Dausch	10	Heritage HS	22:25.00	26
45	Alex Moss	11	Wake Forest-Rolesville	23:09.00	--
46	Jake Pritzlaff	9	Wake Forest-Rolesville	23:12.00	--
47	Ian Gillen	9	Heritage HS	23:15.00	27
48	Wyatt Brendle	10	Heritage HS	23:21.00	28
49	Jacob Quintal	10	Heritage HS	23:37.00	--
50	John Groce		Wakefield	23:41.00	--
51	Keith McChristian		Wakefield	23:50.00	--
52	Graham McAlexander		Wakefield	23:52.00	--
53	Mitchell Wohlhueter	9	Heritage HS	24:12.00	--
54	Tyler Goldberger		Wakefield	24:17.00	--
55	Tyler Sales	10	Heritage HS	24:18.00	--
56	Adam Blum	10	Heritage HS	24:20.00	--
57	Michael Davidson		Wakefield	24:27.00	--
58	Bobby Austin	9	Heritage HS	25:07.00	--
59	Colin Russell		Wakefield	25:17.00	--
60	Fabian Sevilla		Wakefield	25:18.00	--
61	Lee Norris	11	Heritage HS	25:29.00	--
62	Craig Berwick	9	Leesville Road	25:35.00	--
63	Ben Warlick		Wakefield	25:55.00	--
64	Matt Autry	11	Heritage HS	26:12.00	--
65	Andrew Prickett	11	Heritage HS	26:26.00	--
66	Josh Clemson	10	Wake Forest-Rolesville	27:47.00	--
67	Jonathan Birek		Wakefield	28:34.00	--

Varsity Boys 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Leesville Road	25	1	4	5	7	8	9	10
Total Time: 1:32:21	Average: 18:28.20				1-5	Split: 58		
2 Wake Forest-Rolesville	51	3	6	11	14	17	21	24
Total Time: 1:36:47	Average: 19:21.40				1-5	Split: 1:52		
3 Wakefield	74	2	15	18	19	20	23	25
Total Time: 1:40:12	Average: 20:02.40				1-5	Split: 2:37		
4 Heritage HS	89	12	13	16	22	26	27	28
Total Time: 1:43:27	Average: 20:41.40				1-5	Split: 2:39		

# CAP-8 XC Championships

Wake Med Soccer Park

October 18<sup>th</sup>, 2011

## Varsity Girls

6<sup>th</sup> – Abby Davis: 19:54  
18<sup>th</sup> – Sarah Bigelow: 21:05  
23<sup>rd</sup> – Jordan Mareno: 21:16  
24<sup>th</sup> – Kiera Quinn: 21:19  
28<sup>th</sup> – Meredith Hicks: 21:48  
36<sup>th</sup> – Kaitlyn Stempein: 22:28  
38<sup>th</sup> – Sarah Mehlman: 22:43  
44<sup>th</sup> – Courtney Robson: 23:55

## Team Scores

1<sup>st</sup> – Broughton: 28  
2<sup>nd</sup> – Millbrook: 57  
3<sup>rd</sup> – Sanderson: 77  
4<sup>th</sup> – Leesville Road: 93  
5<sup>th</sup> – Wake Forest Rolesville: 99  
6<sup>th</sup> – Heritage: 191  
7<sup>th</sup> – Enloe: 193

## JV Girls

5<sup>th</sup> – Laura Lisowe: 22:10  
7<sup>th</sup> – Morgan Barnes: 22:45  
10<sup>th</sup> – Alex Stephens: 22:53  
12<sup>th</sup> – Tegan Johnston: 22:56  
14<sup>th</sup> – Lane Hering: 23:23  
18<sup>th</sup> – Bri Marino: 23:42  
19<sup>th</sup> – Cassidi Ingle: 23:57  
22<sup>nd</sup> – Haley Rea: 24:10  
23<sup>rd</sup> – Nicole Vlanich: 24:15  
25<sup>th</sup> – Courtney Holmes: 24:18  
30<sup>th</sup> – Emily Echols: 25:10  
33<sup>rd</sup> – Jessica Merdes: 25:21  
41<sup>st</sup> – Claire Walczyk: 26:20  
51<sup>st</sup> – Alyssa Wood: 29:33

## Varsity Boys

15<sup>th</sup> – Carson Ellerby: 17:28  
23<sup>rd</sup> – Andrew Byrum: 18:00  
25<sup>th</sup> – Grant Przybyla: 18:11  
26<sup>th</sup> – Anthony Strapp: 18:15  
29<sup>th</sup> – Steven Bigelow: 18:21  
34<sup>th</sup> – Tyler Glass: 18:34  
35<sup>th</sup> – Lance Bullerwell: 18:35  
39<sup>th</sup> – Ben Tyner: 18:44  
40<sup>th</sup> – Alex Boatman: 18:45  
41<sup>st</sup> – Nick Boatman: 18:45

## Team Scores

1<sup>st</sup> – Broughton: 24  
2<sup>nd</sup> – Millbrook: 52  
3<sup>rd</sup> – Enloe: 72  
4<sup>th</sup> – Leesville Road: 114  
5<sup>th</sup> – Sanderson: 144  
6<sup>th</sup> – Wake Forest Rolesville: 166  
7<sup>th</sup> – Heritage: 204  
8<sup>th</sup> – Wakefield: 210

## JV Boys

4<sup>th</sup> – Tyler Behrends: 18:41  
8<sup>th</sup> – Nate Purich: 18:49  
9<sup>th</sup> – Teddy Elshof: 18:56  
14<sup>th</sup> – Victor Simpson: 19:13  
20<sup>th</sup> – Ryan Quinn: 19:36  
22<sup>nd</sup> – Kyle Rathke: 19:45  
23<sup>rd</sup> – David Schuler: 19:47  
27<sup>th</sup> – Peter Marino: 19:54  
30<sup>th</sup> – Alex Zoltek: 19:55  
33<sup>rd</sup> – Michael Bloemeke: 19:59  
36<sup>th</sup> – Jared De Joya: 20:07  
47<sup>th</sup> – Kodiak Dunsworth: 21:04  
93<sup>rd</sup> – Craig Berwick: 24:12

# 4-A MidEast Regional XC Championships

## Wake Med Soccer Park

Oct. 29<sup>th</sup>, 2011

### Girls

21<sup>st</sup> – Abby Davis: 20:04  
31<sup>st</sup> – Kaitlyn Stempien: 20:34  
43<sup>rd</sup> – Emily Putnam: 21:04  
44<sup>th</sup> – Sarah Bigelow: 21:05  
45<sup>th</sup> – Jordan Mareno: 21:06  
47<sup>th</sup> – Kiera Quinn: 21:09  
82<sup>nd</sup> – Meredith Hicks: 22:24

### Team Scores

1<sup>st</sup> – Green Hope: 29  
2<sup>nd</sup> – Broughton: 69  
3<sup>rd</sup> – Millbrook: 108  
4<sup>th</sup> – Apex: 160  
5<sup>th</sup> – Panther Creek: 162  
6<sup>th</sup> – Leesville Road: 184  
7<sup>th</sup> – Sanderson: 187  
8<sup>th</sup> – Athens Drive: 193  
9<sup>th</sup> – East Chapel Hill: 219  
10<sup>th</sup> – Wake Forest Rolesville: 266  
11<sup>th</sup> – Middle Creek: 273  
12<sup>th</sup> – Cary : 367  
13<sup>th</sup> – Holly Springs: 416  
14<sup>th</sup> – Wakefield: 422  
15<sup>th</sup> – Riverside: 426  
16<sup>th</sup> – Jordan: 432  
17<sup>th</sup> – Enloe: 503  
18<sup>th</sup> – Lee County: 533  
19<sup>th</sup> – Fuquay Varina: 588

### Boys

56<sup>th</sup> – Andrew Byrum: 17:30  
64<sup>th</sup> – Anthony Strapp: 17:40  
67<sup>th</sup> – Grant Przybyla: 17:42  
74<sup>th</sup> – Carson Ellerby: 17:50  
77<sup>th</sup> – Tyler Glass: 17:52  
89<sup>th</sup> – Lance Bullerwell: 18:13  
90<sup>th</sup> – Steven Bigelow: 18:14

### Team Scores

1<sup>st</sup> – Broughton: 55  
2<sup>nd</sup> – East Chapel Hill: 120  
3<sup>rd</sup> – Cary: 125  
4<sup>th</sup> – Panther Creek: 125  
5<sup>th</sup> – Millbrook: 136  
6<sup>th</sup> – Green Hope: 175  
7<sup>th</sup> – Apex: 177  
8<sup>th</sup> – Enloe: 216  
9<sup>th</sup> – Jordan : 244  
10<sup>th</sup> – Fuquay Varina: 245  
11<sup>th</sup> – Middle Creek: 285  
12<sup>th</sup> – Athens Drive: 323  
13<sup>th</sup> – Leesville Road: 338  
14<sup>th</sup> – Holly Springs: 417  
15<sup>th</sup> – Lee County: 421  
16<sup>th</sup> – Riverside: 437  
17<sup>th</sup> – Sanderson: 444  
18<sup>th</sup> – Northern Durham: 444  
19<sup>th</sup> – Wake Forest Rolesville: 542  
20<sup>th</sup> – Heritage: 568

2011