

**CAP 7 Conference Championship 2009 - 10/20/2009**  
**Wake Med Soccer Park, Cary NC**  
**Rankings**

(Boys result start on page 2. JV results start on page 3)

**Event 2 Girls 5k Run CC**

Name Year School Avg Mile Finals Points

Name	Year	School	Avg Mile	Finals	Points
1	#893	George, Samantha	Millbrook High S	5:52.5 18:14.99	1
2	#545	Strapp, Lauren	Leesville Road H	6:05.1 18:54.32	2
3	#580	Cook, Allison	Sanderson High S	6:18.3 19:35.27	3
4	#581	Cook, Samantha	Sanderson High S	6:18.4 19:35.57	4
5	#764	Hand, Logan	Broughton High S	6:19.8 19:39.73	5
6	#888	Burke, Allora	Millbrook High S	6:24.4 19:54.20	6
7	#766	Cook, Meredith	Broughton High S	6:25.4 19:57.16	7
8	#890	Corbally, Megan	Millbrook High S	6:26.4 20:00.26	8
9	#765	Boykin, Kyndal	Broughton High S	6:31.2 20:15.29	9
10	#812	Hardesty, Deanna	Enloe High School	6:33.8 20:23.37	10
11	#767	Green, Cameron	Broughton High S	6:34.6 20:25.99	11
12	#546	Putnam, Emily	Leesville Road H	6:36.0 20:30.32	12
13	#895	Wedegaertner, Olivi	Millbrook High S	6:38.0 20:36.55	13
14	#589	Taylor, Anna	Sanderson High S	6:38.7 20:38.52	14
15	#582	DiVittorio, Maddie	Sanderson High S	6:40.0 20:42.58	15
16	#892	Gartland, Bonnie	Millbrook High S	6:42.5 20:50.26	16
17	#503	Enderle, Devon	Wakefield High S	6:43.0 20:51.92	17
18	#771	Blue, Mattie	Broughton High S	6:43.2 20:52.58	18
19	#588	Smothers, Erin	Sanderson High S	6:44.3 20:55.88	19
20	#768	Holmes, Annie	Broughton High S	6:47.1 21:04.58	20
21	#769	White, Missy	Broughton High S	6:48.5 21:08.96	21
22	#862	Komlo, Tara	Wake Forest Role	6:48.6 21:09.46	22
23	#770	Currin, Ellen	Broughton High S	6:49.2 21:11.31	23
24	#504	Wells, Alex	Wakefield High S	6:50.3 21:14.63	23
25	#886	Buchenberger, Emily	Millbrook High S	6:52.4 21:21.24	24
26	#586	Litsas, Monica	Sanderson High S	6:55.5 21:30.68	25
27	#887	Buckalew, Amber	Millbrook High S	6:57.6 21:37.22	26
28	#772	Manring, Kayla	Broughton High S	6:58.8 21:41.03	27
29	#889	Clapsaddle, Anna	Millbrook High S	7:01.4 21:49.15	28
30	#813	Thomas, Natalie	Enloe High School	7:04.4 21:58.28	27
31	#587	Pittman, Sarah	Sanderson High S	7:04.8 21:59.52	28
32	#505	Engel, Kayla	Wakefield High S	7:05.3 22:01.22	29
33	#859	Danku, Maryn	Wake Forest Role	7:05.7 22:02.39	30
34	#548	Bloemeke, Amanda	Leesville Road H	7:06.3 22:04.36	31
35	#547	Hicks, Meredith	Leesville Road H	7:07.7 22:08.56	32
36	#773	Snedecor, Shelby	Broughton High S	7:08.1 22:09.87	33
37	#550	Phillips, Rachel	Leesville Road H	7:13.7 22:27.24	33
38	#506	Brek, Michaela	Wakefield High S	7:18.4 22:42.06	34
39	#891	Gamble, Katie	Millbrook High S	7:19.6 22:45.64	35
40	#583	Hase, Anna	Sanderson High S	7:21.3 22:50.99	36
41	#815	Lester, Erin	Enloe High School	7:22.7 22:55.18	35
42	#549	Peterson, Becky	Leesville Road H	7:24.6 23:01.07	36
43	#865	Begg, Darryl	Wake Forest Role	7:24.8 23:01.73	37
44	#579	Cochran, Gracie	Sanderson High S	7:25.2 23:03.15	38
45	#509	Damiano, Ashley	Wakefield High S	7:26.9 23:08.38	38
46	#551	Glover, Brittney	Leesville Road H	7:27.0 23:08.74	39
47	#553	Hering, Hope	Leesville Road H	7:27.1 23:09.08	40
48	#554	Marino, Bri	Leesville Road H	7:27.8 23:11.23	41
49	#819	Cabalerio, Jamie	Enloe High School	7:29.3 23:15.76	40
50	#510	Grasso, Dominique	Wakefield High S	7:29.7 23:17.18	41
51	#507	Gaylard, Natalie	Wakefield High S	7:34.0 23:30.49	42
52	#552	Quinn, Kiera	Leesville Road H	7:34.3 23:31.22	43
53	#508	Della Ville, Natali	Wakefield High S	7:36.8 23:39.10	44
54	#861	Fichera, Emily	Wake Forest Role	7:37.6 23:41.44	43
55	#816	Sridhar, Amaanti	Enloe High School	7:37.9 23:42.63	44
56	#584	Kane, Colleen	Sanderson High S	7:39.3 23:46.97	45
57	#511	Norris, Brittany	Wakefield High S	7:42.3 23:56.15	46
58	#894	Vinson, Allison	Millbrook High S	7:42.5 23:56.75	47
59	#512	McAlexander, Ellen	Wakefield High S	7:57.2 24:42.32	48
60	#820	Brooks, Mary-Margar	Enloe High School	7:59.6 24:50.02	45
61	#857	Cannady, Lauren	Wake Forest Role	8:03.1 25:00.67	46
62	#860	Deem, Giulia	Wake Forest Role	8:24.0 26:05.59	47
63	#863	Lindsey, Abby	Wake Forest Role	10:16.3 31:54.53	48

# Event 1 Boys 5k Run CC

Name Year School Avg Mile Finals Points

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1	#789	Jones, Reidy	Broughton High S	5:04.0	15:44.21	1
2	#790	Malherbe, Pierre	Broughton High S	5:07.4	15:55.02	2
3	#520	Mallory, Mitch	Wakefield High S	5:08.8	15:59.32	3
4	#322	Schick, Matt	Sanderson High S	5:11.7	16:08.19	4
5	#196	Geisz, Matt	Sanderson High S	5:14.6	16:17.17	5
6	#563	Byrum, Andrew	Leesville Road H	5:14.8	16:17.84	6
7	#599	Feldman, Mitchell	Sanderson High S	5:16.9	16:24.41	7
8	#197	Hathaway, Philip	Sanderson High S	5:18.7	16:29.99	8
9	#562	Jackson, Brian	Leesville Road H	5:19.1	16:31.15	9
10	#566	Klute, Christian	Leesville Road H	5:19.9	16:33.84	10
11	#793	Martin, Alvin	Broughton High S	5:21.7	16:39.33	11
12	#565	Hoese, Bilo	Leesville Road H	5:23.3	16:44.27	12
13	#792	Parker, Hayden	Broughton High S	5:23.9	16:46.26	13
14	#564	Smith, Aaron	Leesville Road H	5:24.0	16:46.62	14
15	#791	Mann, Chase	Broughton High S	5:24.4	16:47.82	15
16	#595	Boyles, Ben	Sanderson High S	5:24.8	16:49.03	16
17	#326	White, Andrew	Sanderson High S	5:25.9	16:52.44	17
18	#896	Hyman, Jacob	Broughton High S	5:26.5	16:54.19	18
19	#561	Woodhouse, Will	Leesville Road H	5:27.7	16:57.98	19
20	#567	Sarakbi, Sam	Leesville Road H	5:29.1	17:02.34	20
21	#486	Carr, Paul	Millbrook High S	5:29.8	17:04.56	21
22	#794	Johnson, Parker	Broughton High S	5:32.0	17:11.46	22
23	#521	Watkins, Blake	Wakefield High S	5:33.1	17:14.73	23
24	#832	Cappelletti, John	Enloe High School	5:33.2	17:15.16	24
25	#497	Miller, Richard	Millbrook High S	5:33.5	17:16.09	25
26	#833	Hobbs-Brown, EB	Enloe High School	5:33.9	17:17.35	26
27	#795	Staub, Nathan	Broughton High S	5:35.5	17:22.24	27
28	#831	Sajovec, Jack	Enloe High School	5:37.6	17:28.74	27
29	#502	Vinson, Alex	Millbrook High S	5:39.3	17:33.88	28
30	#835	Mueller, Ben	Enloe High School	5:39.3	17:34.17	29
31	#597	Crawford, Patrick	Sanderson High S	5:41.4	17:40.66	30
32	#834	Brochu, Hayden	Enloe High School	5:41.9	17:42.10	31
33	#483	Burke, Brady	Millbrook High S	5:43.5	17:47.05	32
34	#836	Stelpflug, Will	Enloe High School	5:46.6	17:56.59	33
35	#874	Holden, Scott	Wake Forest Role	5:47.3	17:58.99	34
36	#600	Fetzner, Billy	Sanderson High S	5:47.5	17:59.42	34
37	#797	McClure, Bradley	Broughton High S	5:49.4	18:05.46	35
38	#837	Gupton, Will	Enloe High School	5:49.8	18:06.54	35
39	#838	Comen, Evan	Enloe High School	5:50.1	18:07.51	35
40	#488	Caulkins, Read	Millbrook High S	5:51.9	18:13.09	36
41	#487	Carstens, Morgan	Millbrook High S	5:52.2	18:14.05	37
42	#568	Dix, Jared	Leesville Road H	5:53.8	18:19.15	37
43	#482	Buchenberger, Dan	Millbrook High S	5:55.2	18:23.38	38
44	#494	Holley, Drew	Millbrook High S	5:57.3	18:29.80	38
45	#323	Sledge, John	Sanderson High S	5:57.4	18:30.21	38
46	#569	Trevillian, Nathan	Leesville Road H	5:58.4	18:33.44	39
47	#839	Clarke, Andrew	Enloe High School	6:03.4	18:48.88	39
48	#884	Weber, Nathan	Wake Forest Role	6:03.7	18:49.82	39
49	#498	Miller, Tony	Millbrook High S	6:04.0	18:50.69	40
50	#872	Finegan, Andrew	Wake Forest Role	6:05.3	18:54.83	40
51	#840	Harris, Charlie	Enloe High School	6:09.6	19:08.07	40
52	#594	Bennett, Will	Sanderson High S	6:10.0	19:09.41	41
53	#523	Stiak, George	Wakefield High S	6:11.5	19:13.97	41
54	#880	Mukherjee, Vik	Wake Forest Role	6:12.7	19:17.79	42
55	#526	Taperek, Stephen	Wakefield High S	6:14.6	19:23.85	43
56	#897	Wheaton, Alex	Millbrook High S	6:19.5	19:38.96	43
57	#525	Andrews, Thomas	Wakefield High S	6:21.8	19:45.97	44
58	#528	Mondou, Michael	Wakefield High S	6:24.4	19:54.18	45
59	#524	Ritchey, Connor	Wakefield High S	6:26.0	19:59.09	46
60	#522	Bailey, Robert	Wakefield High S	6:26.3	19:59.96	46
61	#867	Asbell, Chris	Wake Forest Role	6:27.8	20:04.69	47
62	#870	Coats, Jake	Wake Forest Role	6:47.7	21:06.42	48
63	#869	Brown, Matt	Wake Forest Role	6:49.1	21:10.82	49
64	#883	Vest, Matthew	Wake Forest Role	6:51.3	21:17.83	49
65	#529	Kirk, Evan	Wakefield High S	6:51.8	21:19.38	50
66	#875	Hutchens II, Gary	Wake Forest Role	6:58.4	21:39.82	50

### Event 3 Mixed 5k Run CC

Name Year School Avg Mile Finals Points

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#### Results - Women

1	#786	Rouse, Mary	Campbel W Broughton High S	7:04.9	22:00.00	1
2	#777	Dodd, Margaret	W Broughton High S	7:11.0	22:19.00	2
3	#785	McMillan, Lee Anna	W Broughton High S	7:19.7	22:46.00	3
4	#782	Kane, Caeley	W Broughton High S	7:20.0	22:47.00	4
5	#776	Crone, Madeline	W Broughton High S	7:20.4	22:48.00	5
6	#774	Baneth, Sophia	W Broughton High S	7:20.4	22:48.00	6
7	#775	Beasley, Ann Archer	W Broughton High S	7:20.4	22:48.00	7
8	#779	Gardner, Kristen	W Broughton High S	7:28.4	23:13.00	
9	#787	Weaver, Carly	W Broughton High S	7:38.1	23:43.00	
10	#781	Jones, Tessa	W Broughton High S	7:41.0	23:52.00	
11	#783	Malherbe, Gala	W Broughton High S	7:41.3	23:53.00	
12	#780	Harrison, Megan	W Broughton High S	7:43.2	23:59.00	
13	#784	Masich, Betsy	W Broughton High S	7:46.4	24:09.00	
14	#517	Mondou, Julie	W Wakefield High S	7:47.7	24:13.00	8
15	#778	Finch, Ann Miller	W Broughton High S	7:58.0	24:45.00	
16	#558	Schuler, Alex	W Leesville Road H	8:02.8	25:00.00	9
17	#557	Robinson, Mackenzie	W Leesville Road H	8:04.8	25:06.00	10
18	#788	Weaver, Katie	W Broughton High S	8:21.8	25:59.00	
19	#824	Brader, Kristi	W Enloe High School	8:26.3	26:13.00	
20	#585	Leck, Sarah	W Sanderson High S	8:29.6	26:23.00	
21	#555	Andersen, Camille	W Leesville Road H	8:33.4	26:35.00	11
22	#591	Burnholc, Judith	W Sanderson High S	8:35.7	26:42.00	
23	#559	Schuler, Kate	W Leesville Road H	8:39.2	26:53.00	12
24	#516	Messina, Laura	W Wakefield High S	8:48.5	27:22.00	13
25	#828	Hossain, Shajuti	W Enloe High School	8:58.5	27:53.00	
26	#577	Black, Mary	W Sanderson High S	9:04.3	28:11.00	
27	#514	Goldberger, Daniell	W Wakefield High S	9:33.0	29:40.00	14
28	#823	Barber, Emma	W Enloe High School	9:33.0	29:40.00	
29	#822	Dorrier, Cayce	W Enloe High School	10:26.4	32:26.00	
30	#519	Vandenbroeck, Linds	W Wakefield High S	11:00.8	34:13.00	15
31	#518	Mullin, Maisie	W Wakefield High S	11:11.5	34:46.00	16
32	#560	Harvey, Grace	W Leesville Road H	11:43.3	36:25.00	17

#### Results - Men

1	#798	Lawrence, Allen	M Broughton High S	5:47.0	17:58.00	1
2	#801	McMillan, Worth	M Broughton High S	5:49.9	18:07.00	2
3	#800	Hornaday, Carter	M Broughton High S	5:55.1	18:23.00	3
4	#799	Ingram, Stephen	M Broughton High S	5:58.3	18:33.00	4
5	#843	Piltzer, Daniel	M Enloe High School	6:01.2	18:42.00	5
6	#802	Koon, Ben	M Broughton High S	6:01.8	18:44.00	6
7	#842	Menzies, Peter	M Enloe High School	6:02.5	18:46.00	7
8	#198	Hines, Matt	M Sanderson High S	6:06.0	18:57.00	8
9	#845	Clarke, Alex	M Enloe High School	6:09.5	19:08.00	9
10	#803	Story, Crandall	M Broughton High S	6:10.8	19:12.00	10
11	#841	Kitto, Will	M Enloe High School	6:11.5	19:14.00	11
12	#195	Friedman, Brock	M Sanderson High S	6:11.8	19:15.00	12
13	#598	Feldbusch, Mitchell	M Sanderson High S	6:11.8	19:15.00	13
14	#804	Voelker, Jack	M Broughton High S	6:12.8	19:18.00	14
15	#807	Hines, Sam	M Broughton High S	6:14.7	19:24.00	
16	#846	Mueller, Jack	M Enloe High School	6:16.3	19:29.00	15
17	#480	Bolohan, Toan	M Millbrook High S	6:16.3	19:29.00	16
18	#496	Leneschmidt, Drew	M Millbrook High S	6:16.9	19:31.00	17
19	#805	Murphy, Nathan	M Broughton High S	6:17.3	19:32.00	
20	#806	Casadonte, Cameron	M Broughton High S	6:17.6	19:33.00	
21	#491	Foltz, Michael	M Millbrook High S	6:17.9	19:34.00	18
22	#327	White, Nick	M Sanderson High S	6:18.2	19:35.00	19
23	#501	Riley, Kionte	M Millbrook High S	6:18.6	19:36.00	20
24	#572	Glass, Tyler	M Leesville Road H	6:24.0	19:53.00	21
25	#324	Utter, Lee	M Sanderson High S	6:24.7	19:55.00	22
26	#574	Przybyla, Grant	M Leesville Road H	6:25.6	19:58.00	23
27	#847	Barrie, Simon	M Enloe High School	6:27.6	20:04.00	24
28	#485	Carpenter, Ray	M Millbrook High S	6:29.2	20:09.00	25
29	#576	Tyner, Ben	M Leesville Road H	6:29.2	20:09.00	26
30	#492	Glass, Jon	M Millbrook High S	6:29.5	20:10.00	27
31	#328	Smoot, Jake	M Sanderson High S	6:31.1	20:15.00	28
32	#809	Beasley, Johnson	M Broughton High S	6:31.8	20:17.00	
33	#844	Coffey, Brent	M Enloe High School	6:32.4	20:19.00	29

34 #873 Freeman, Jake M Wake Forest Role 6:33.0 20:21.00 30  
35 #331 Moore, Jaron M Sanderson High S 6:33.4 20:22.00 31  
36 #538 Mondou, Martin M Wakefield High S 6:33.7 20:23.00 32  
37 #878 McDonald, James M Wake Forest Role 6:37.2 20:34.00 33  
38 #479 Barnett, Cameron M Millbrook High S 6:38.2 20:37.00 34  
39 #489 Culver, Brenden M Millbrook High S 6:39.2 20:40.00  
40 #573 Noel, James M Leesville Road H 6:39.8 20:42.00 35  
41 #484 Burton, Brett M Millbrook High S 6:39.8 20:42.00  
42 #199 Joyner, Cameron M Sanderson High S 6:40.4 20:44.00  
43 #329 White, Daniel M Sanderson High S 6:40.8 20:45.00  
44 #495 Kress, Bryan M Millbrook High S 6:41.4 20:47.00  
45 #481 Boone, Matt M Millbrook High S 6:43.0 20:52.00  
46 #499 Montgomery, Louis M Millbrook High S 6:43.0 20:52.00  
47 #593 Bass, Rudy M Sanderson High S 6:43.3 20:53.00  
48 #533 Frznchi, Michael M Wakefield High S 6:44.3 20:56.00 36  
49 #531 Koehler, Zach M Wakefield High S 6:46.2 21:02.00 37  
50 #500 Price, Coleman M Millbrook High S 6:47.2 21:05.00  
51 #490 Davis, Darius M Millbrook High S 6:47.5 21:06.00  
52 #575 Theunissen, Thomas M Leesville Road H 6:48.2 21:08.00 38  
53 #849 Darst, Brian M Enloe High School 6:48.8 21:10.00  
54 #810 Bosse, Frederick M Broughton High S 6:54.6 21:28.00  
55 #493 Hill, Jon M Millbrook High S 6:57.5 21:37.00  
56 #321 Maierhofer, Pete M Sanderson High S 6:58.5 21:40.00  
57 #854 Dorton, Jack M Enloe High School 6:59.8 21:44.00  
58 #535 Klopfer, Jeremy M Wakefield High S 7:01.0 21:48.00 39  
59 #811 Harr, Richard M Broughton High S 7:13.0 22:25.00  
60 #536 McChristian, Ward M Wakefield High S 7:13.6 22:27.00 40  
61 #868 Bridges, Hayden M Wake Forest Role 7:16.2 22:35.00 41  
62 #871 Dunning, Cory M Wake Forest Role 7:16.2 22:35.00 42  
63 #881 Sanchez, Alex M Wake Forest Role 7:16.2 22:35.00 43  
64 #537 McChristian, Keith M Wakefield High S 7:22.3 22:54.00 44  
65 #541 Pate, Doug M Wakefield High S 7:25.8 23:05.00 45  
66 #534 Hennessey, Sean M Wakefield High S 7:28.1 23:12.00  
67 #542 Tulenko, Alex M Wakefield High S 7:34.5 23:32.00  
68 #879 Moss, Alex M Wake Forest Role 8:17.3 25:45.00 46  
69 #853 Wang, Chris M Enloe High School 8:58.2 27:52.00

**....Event 3 Mixed 5k Run CC**

Team Scores

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Rank Team Total 1 2 3 4 5 \*6 \*7 \*8 \*9  
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Results - Men

1 Broughton High School 16 1 2 3 4 6 10 14  
Total Time: 1:31:45.00  
Average: 18:21.00  
2 Enloe High School 47 5 7 9 11 15 24 29  
Total Time: 1:35:19.00  
Average: 19:03.80  
3 Sanderson High School 74 8 12 13 19 22 28 31  
Total Time: 1:36:57.00  
Average: 19:23.40  
4 Millbrook High School 96 16 17 18 20 25 27 34  
Total Time: 1:38:19.00  
Average: 19:39.80  
5 Leesville Road High Schoo 143 21 23 26 35 38  
Total Time: 1:41:50.00  
Average: 20:22.00  
6 Wakefield High School 184 32 36 37 39 40 44 45  
Total Time: 1:46:36.00  
Average: 21:19.20  
7 Wake Forest Rolesville HS 189 30 33 41 42 43 46  
Total Time: 1:48:40.00  
Average: 21:44.00

Results - Women

1 Broughton High School 15 1 2 3 4 5 6 7  
Total Time: 1:52:40.00  
Average: 22:32.00  
2 Leesville Road High Schoo 59 9 10 11 12 17

Total Time: 2:19:59.00  
Average: 27:59.80  
3 Wakefield High School 66 8 13 14 15 16  
Total Time: 2:30:14.00  
Average: 30:02.80