

Congratulations to the boys and girls teams for their very good performances at the Jaguar Invitational yesterday. The boys continued their winning streak at this meet by winning the meet for the 3rd straight year. The girls finished in 2nd place after winning the meet the previous 3 years. As you can see from the team scores, LRHS as an entire program had the best day of all the schools. We had 11 total athletes qualify for the Regional Championships. Lauren Strapp broke her own school record in the 3200m run. Here are the team scores and LRHS results.

Girls Team Scores:

1. Millbrook: 133
2. Leesville: 110
3. West Johnston: 89
4. Nash Central: 70
5. Cardinal Gibbons: 63
6. Athens Drive: 57
7. Chapel Hill: 45
8. Northern Durham: 14

Boys Teams Scores:

1. Leesville: 103
2. Northern Durham: 99
3. West Johnston: 88
4. Athens Drive: 80
5. Nash Central: 74
6. Millbrook: 73
7. Chapel Hill: 68
8. Cardinal Gibbons: 34

LRHS Girls Results:

100m Dash: Hailey Blackburn- 2nd place- 12.8

**200m Dash: Hailey Blackburn- 2nd place- 26.9 (Qualified for Regionals)**

**400m Dash: Danielle Smith- 2nd place- 1:02.5 (Qualified for Regionals)**

800m Run: Rachel Phillips- 6th place- 2:49.1

**1600m Run: Lauren Strapp- 1st place- 5:26 (Qualified for Regionals)**

**3200m Run: Lauren Strapp- 1st place- 11:11.54 (NEW SCHOOL RECORD) (Qualified for Regionals)**

4x2 Relay: G. Esoda, K. Robinson, H. Blackburn, K. Quirk- 1st place- 1:53

**4x4 Relay: G. Esoda, K. Quirk, E. Putnam, D. Smith- 2nd place- 4:24.7 (Qualified for Regionals)**

4x8 Relay: K. Stempien, A. Locke, R. Phillips, E. Putnam- 4th place- 10:50.3

Sprint Medley Relay: M. Hamilton, C. Odametey, K. Robinson, K. Quirk- 3rd place- 2:02.9

Distance Medley Relay: E. Putnam, D. Smith, R. Phillips, L. Strapp- 3rd place- 13:29.9

High Jump Relay: B. Staves-5'0", T. St.Lott-4'10", K. Robinson-4'8" - 2nd place **(B. Staves qualified for regionals)**

Long Jump Relay: H. Blackburn-15'5.5", B. Staves- 14'9.5", T. St.Lott- 14'8.5"- 1st place

Triple Jump Relay: B. Staves-31'10", T. St.Lott- 30'4", K. Robinson-28'- 1st place

Shot Put Relay: M. Pendergraft- 23'7" - 6th place

Discus Relay: M. Pendergraft- 66'1" - 5th place

LRHS Boys Results:

100m Dash: R. Whitfield- 4th place- 11.8

200m Dash: M. Pham- 6th place- 24.4

400m Dash: B. Burns- 1st place- 52.0

**800m Run: A. Smith- 3rd place- 2:02.8 (Qualified for regionals)**

**1600m Run: A. Smith- 3rd place- 4:32.2 (Qualified for regionals)**

**3200m Run: C. Klute- 3rd place- 10:09.5 (Qualified for regionals)**

110m Hurdles: J. Mabellos- 3rd place- 19.3

300m Hurdles: J. Mabellos- 2nd place- 44.1

4x1 Relay: L. White, T. Mills, D. Robinson, R. Whitfield- 4th place- 46.1

4x2 Relay: M. Pham, P. Ficalora, C. Smith, R. Taylor- 4th place- 1:36.6

4x4 Relay: B. Burns, J. Gaston, C. Whitson, C. Smith- 4th place- 3:39.4

**4x8 Relay: S. Ryan, C. Klute, B. Jackson, B. Hoese- 2nd place- 8:28.8 (Qualified for regionals)**

Sprint Medley Relay: M. Pham, P. Ficalora, C. Whitson, B. Jackson- 2nd place- 3:46.9

Distance Medley Relay: W. Woodhouse, B. Burns, B. Hoese, A. Smith- 4th place- 11:46.6

High Jump Relay: D.J. Smith- 5'7", R. Elliston- 5'7" - 3rd place

Long Jump Relay: L. White- 18'1.5", C. Bryan-19'9.5", ? - 19'4.25" - 3rd place

Triple Jump: L. White- 36'6.5", C. Whitson, 41'9", J. Gaston- 40'8"

Shot Put Relay: N. Wooten-44'11", M. Greenhaw-33'3", A. Riccuiti- 24'5" - 5th place

Discus Relay: N. Wooten- 107'8", M. Greenhaw-93'4.5", A. Riccuiti- 69'4.5" - 3rd place