

2009-2010 CAP 7, TRI 9, and Greater Neuse River Swim Schedule

Final August 25, 2009

	TAC (T) ** 7:00 PM	TAC (TH) ** 7:00 PM	NCSU (T) ** 6:00 PM	NCSU (TH) ** 6:00 PM	Campbell (T) ** 5:00 PM	Campbell (Th) ** 5:00 PM
November 17 T	Broughton	Leesville	Millbrook	Sanderson		
November 19 Th	Apex Enloe Lee County	Holly Springs Middle Creek Panther Creek	Green Hope Wakefield Athens Drive	Fuquay-Varina WFR Cary		
November 24 T	Middle Creek Leesville Millbrook Lee County		Athens Drive Broughton Wakefield Fuquay-Varina			
December 1 T	Green Hope	Enloe	WFR	Garner	Fuquay-Varina	Knightdale
December 3 Th	Clayton Athens Drive Harnett Central	Broughton Millbrook West Johnston	East Wake Leesville Wakefield	Sanderson Southeast Apex	Middle Creek Cary Smithfield-Selma	Panther Creek Holly Springs Lee County
December 8 T	Wakefield	Apex	Cary	Lee County		
December 10 Th	Leesville Enloe Holly Springs	Green Hope Athens Drive Fuquay-Varina	Broughton Sanderson Middle Creek	Panther Creek WFR Millbrook		
December 15 T	Panther Creek	Sanderson	West Johnston	Wakefield	Green Hope	Holly Springs
December 17 Th	Southeast Cary Athens Drive	Clayton Broughton Middle Creek	Millbrook WFR Leesville	Enloe Knightdale East Wake	Harnett Central Smithfield-Selma Lee County	Apex Garner Fuquay-Varina
January 5 T	Broughton	Enloe	Middle Creek	Apex		
January 7 Th	WFR Leesville Millbrook	Sanderson Fuquay-Varina Panther Creek	Wakefield Cary Green Hope	Lee County Athens Drive Holly Springs		
January 12 T	Cary Apex Panther Creek Green Hope		Holly Springs Enloe Sanderson WFR			

Please note:

- The team listed first in bold print will be the host school for the regular season swim meet. Responsibilities of the host school will be provided.
- ** Double asterisk indicates swim meet times that are listed underneath the pool names. Warm-ups will begin 30 minutes earlier.

Conference Swimming Championships
 Saturday, January 23, 2010 TRI 9
 Saturday, January 23, 2010 CAP 7

TAC Warm-up 11:00 AM, Competition 12:00 Noon
 TAC Warm-up 5:00 PM, Competition 6:00 PM

Diving Regular Season Meets: November 20, 2009, December 11, 2009, and January 8, 2010 NCSU Warm-up 5:00 PM, Competition 5:30 PM
 Conference Diving Championship: January 22, 2010 Pullen Pool Warm-up 12:00 noon, Competition 1:00 PM

Eastern Regionals: February 5 (Diving) and 6 (Swimming)
 State Championships: February 12 (Diving) and 13 (Swimming)

To Be Determined
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